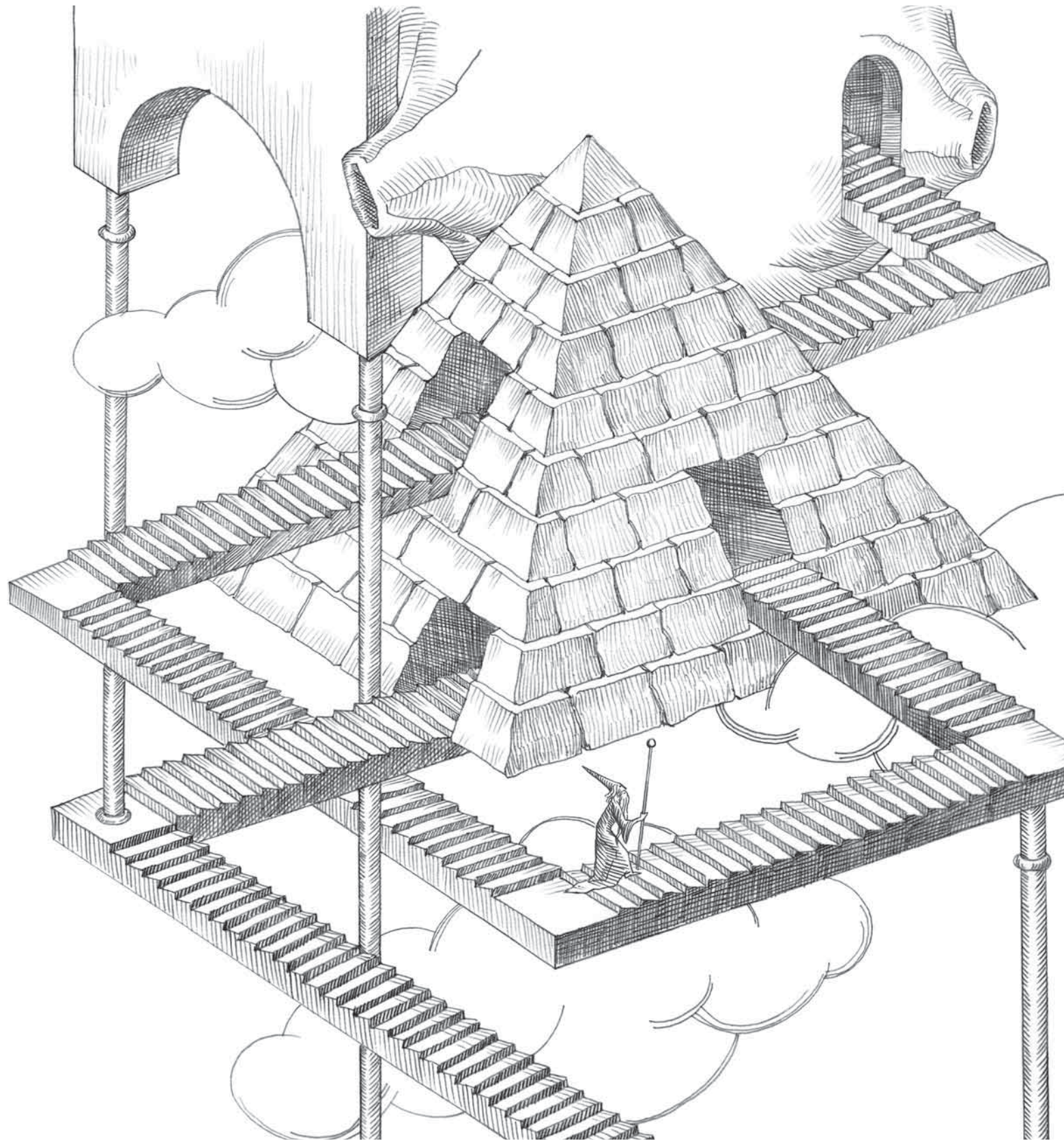


Vadim Zeland

Reality Transurfing

Russian Bestseller
Foreign Rights Catalogue 2006

www.vesbook.ru
VES Publishing Group
St. Petersburg, Russia



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Reality Transurfing: Trilogy

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"Apples Fall to the Sky"

- 5 Fragment from the book (Chapter IV "Coordination of Dreams")

This booklet represents a new Russian author, Vadim Zeland, whose titles were first published by VES in 2004 and became booming best-sellers immediately. Foreign rights for "Reality Transurfing" have already been sold into 6 countries, and it is obvious now that the success of these books is extraordinary.

Ves Publishing Group offers translation rights for the series, and to help you learn more about Vadim Zeland and his works, we included detailed book descriptions, as well as sample chapters translated into English.



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Reality Transurfing: Trilogy

Book reviews

“Reality Transurfing”, a new book by Vadim Zeland, will undoubtedly cause a lot of debate as it is hard to think of a book with such shocking and innovative ideas.

The book opens a bizarre world where everyday reality reveals facets which you are not familiar with. Many issues of day-to-day life are perceived in an absolutely new way.

We all, in one way or another, find ourselves trapped by circumstances. Desires go unfulfilled, dreams never come true, whereas our worst expectations justify themselves, as if to spite us. Can't we turn this around? It appears that we can. And you'll learn how. Transurfing is the technology for controlling reality. You don't have to “attain your objectives” as everything will happen in accordance with you desires without any effort. All goals are reached without you.

Unbelievable? Well, you won't be asked to just believe it as the author presents specific methods that allow you to verify everything yourself. And only then will your ordinary way of looking at things fall apart. In spite of the completely fantastic nature of the ideas presented in this book, they have already found practical affirmation. Those who have tried Transurfing, have experienced amazement, verging on ecstasy. The world surrounding transurfers changes in an inexplicable way, literally before their very eyes. And here there is no place for mysticism as everything is absolutely real.

Readers say: “It seems we knew it intuitively before! And here, at long last our gut feelings were put into words and our vague ideas proved.”

“It is a circle of exclusive people that managed to become successful in business, science, art, sport. And nobody is surprised, because we take it for granted. I suggest that you ask yourself: “Why him, why not me? What do I need to enter this circle?” I am not the Wizard of Oz, so I won't engage in any rituals, I will just give you the answer. **You've got everything you need. The only thing you have to do is to use it. You are capable of everything, it is just that nobody spoke to you about it.** The principles of transurfing will awake your sleeping abilities and open the doors that seemed forever closed. The book tells you about the basic principles of transurfing and their employment.

And here's something else: In Transurfing everything is turned upside down, from the point of view of common sense. Yet, the same can be said about common sense from the point of view of Transurfing.

If you don't want to live like everybody else, if you want to accomplish more than “average” results, if you seek to live your life to the full, then you are a Wanderer. A transurfing wanderer is not chosen by the Destiny, because it is the Wanderer who chooses the Destiny. **You will gain whatever you want to shatter the monolith of common sense.** Especially, considering that common “sense” is not that “sensible,” says Vadim Zeland.



*Reality exists beyond you,
as long as you believe this.
With Transurfing,
you can control reality*

Reality Transurfing Stage I. The Space of Variations

Трансерфинг реальности
Ступень I: Пространство вариантов

This book deals with bizarre and unusual phenomena. This is so shocking that you would rather not believe it. However, you don't have to simply trust and accept these ideas. You will learn methods which will allow you to check everything by yourself. This is when your ordinary views collapse... Transurfing is a powerful method, which allows you to create seemingly impossible things and take control over your life. No miracles at all! You will discover that unknown reality is far more exciting than any mystics.

You will be amazed when you discover abilities you thought you didn't have. You will feel thrilled to see that you are transforming your own life!

The basis of Transurfing is variations model representing a revolutionary view of the world. This is the first stage of Transurfing and three first steps of the magician.

People are not aware that they don't have to fight for what they want as they can simply *get* it.

The metaphors of "Blue bird" and "Wheel of Fortune" have got material prototypes. The flow of variations is an invaluable gift for Mind.

ISBN 5-9573-0283-X

paperback

224 pages

200x127 mm

*Rights available: World, except Latvian, Bulgarian,
Czech, Lithuanian, German, Japanese languages*



Reality Transurfing Stage II. A Rustle of Morning Stars

Трансерфинг реальности
Ступень II: Шелест утренних звезд

Your desires are not fulfilled, your dreams don't come true. Aren't you tired of chasing the sunset? The exit is not where you are seeking... Everyone has his/her path leading to true happiness. How can you find one? Here's the book that will give you the answer. The only thing that is powerful is your intention. You make your choice just as you make an order at a restaurant, without having to worry about the means to gain whatever you need. As a result, the purpose is reached no matter what you do. Transurfing explains what this choice is and how it can be consciously made.

Where do dreams come from? Are they just the plot of our imagination? What do gut feelings, intuition, discoveries and masterpieces of art have in common? The second stage of Transurfing is the point when the mystery of ancient wizards who built Egyptian pyramids is unveiled. In order to get what you want you have to learn how to make your "order". This book contains practical tips on how to make your desire real.

ISBN 5-9573-0305-4

paperback

224 pages

200x127 mm

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Bulgarian, Czech, Lithuanian languages



Reality Transurfing Stage III. Ahead to the Past

Трансерфинг реальности
Ступень III: Вперед в прошлое!



Breaking stereotypes you open the door to the world where dreams come true. Your intention is the only force that can lead you to success. So, ahead to the past. Now you are able to see yourself moving through the space of variations. You will make sure that you can travel through time, both forward and backwards. It won't look like a science fiction trip, because this is absolutely real. It is not a trick or an experiment, as for some moments you will feel your traveling through time and space using "transaction" consisting of three elements.

You shouldn't press the world to reach your purposes, because the world is on your side. And people around you won't be able to resist your charm. You don't have to be strong and self-confident, as there is a better way. "Coordination" and "frailing" are two simple thinking techniques to attract fortune. You will learn how to do it at Stage III of the Transurfing.

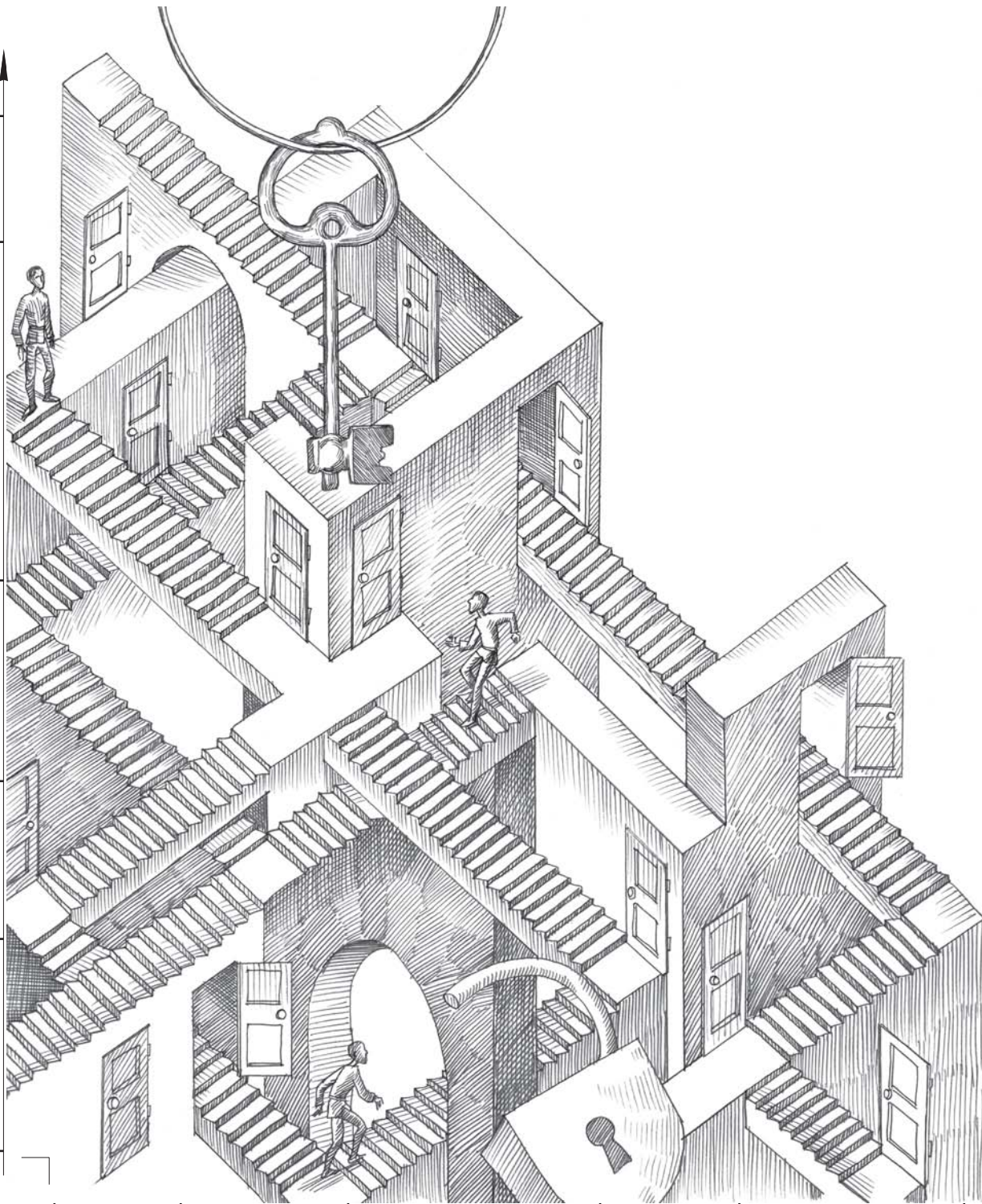
ISBN 5-9573-0306-2

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Reality Transurfing: Trilogy



The Theory of Transurfing. Synopsis

Ever since the beginning of time, people have noticed that the world has a dual nature. On the one hand, everything that happens on the material level is quite understandable and can be explained in terms of natural science. On the other hand, when faced with phenomena belonging to the “subtle” (non-material) world, these laws fail. Why are these two aspects of reality not able to be united into a universal concept?

It is nothing short of bizarre – as if the world were playing hide-and-seek with us, trying to disguise its true essence. Scientists discover a law explaining something, and, here, the world surprises us and something controversial takes place. This chase for the evasive, shadow-like truth doesn’t seem to have any ending. The world does not only conceal its real face – it turns into whatever we want it to be.

This applies to all fields of science. For instance, if the world is perceived as an object of the micro-world, you may be certain that there will be experiments proving this theory. Suppose the world is not a particle but an electromagnetic wave – well, it won’t mind, but will act accordingly, pretending to be whatever you want it to be.

Ask the world a question: What does it consist of? Is it massive matter? You may be certain you’ll get a positive answer. And what if it’s still a mass of energy? Right again! It is acknowledged that formation and annihilation of micro-particles is a permanent process going on in a vacuum - energy transforms into matter and vice versa.

Again, you shouldn’t ask the world what is primary – matter or consciousness. It will keep changing its masks. Those who have different viewpoints keep on debating, seeking to promote opposite ideas, but reality brings us a bullet-proof verdict they are all, in fact, correct.

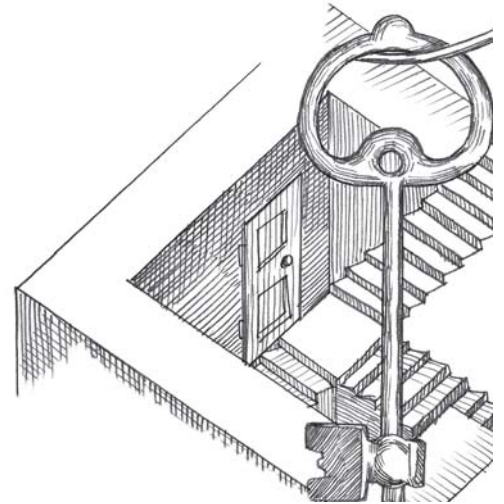
In other words, the world does not only evade, but also agrees, with us, behaving like a mirror, so to speak. It literally reflects all our ideas whatsoever about what surrounds us.

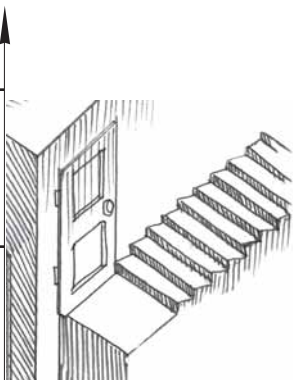
So, does it mean that all our efforts to find a versatile key to reality are in vain? In no event will the world disagree with human suggestions, yet it will never give a direct answer.

The clue is much simpler: don’t try to find universal truth by studying separate aspects of the multi-faceted reality. The only thing you have to accept is the fact that reality, like a mirror, has got two sides: the physical side, which can be felt, and the metaphysical one, lying beyond the borders of our perception, but no less objective.

Nowadays, science deals with what is reflected in the mirror, while esotericism is trying to look at the world from the other side of the mirror. And this is what the whole debate is about. What is there, on the other side of the mirror?

Transurfing as an esoteric teaching gives one possible answer to this question. On the other side of the mirror lies a *space of variations* – an information structure storing the scripts for all possible flows of events. The number of variations is endless – similar to the number of possible locations of a point on a coordinate system. Everything that happens, is happening and will happen, is written down there.





Hard to believe, isn't it? Where is this space of variations? Is this possible on earth? In terms of our three-dimensional world vision, it is everywhere and nowhere at the same time. Perhaps, it is beyond the borders of the visible universe, or perhaps it's in your coffee cup. In any case, it's not in the third dimension.

Paradoxically, we all travel there every single night. Dreams are not illusions, as is commonly supposed. Flamboyantly, we take dreams as pure fantasies, not even knowing that they reflect real things that could be happening in the past or the future.

It is known that when dreaming, one can see images which might be coming from another world – things which you know for sure you have never experienced. If a dream is an imitation of reality, produced by our brain, then where do all these unimaginable images and plots come from?

Given that all psychic consciousness can be attributed to the mind, and the subconscious – to the soul, dreams can be viewed as a flight of the soul traveling through the space of variations. Mind does not “imagine” dreams, but really sees them.

The soul has direct access to the information field, where all “scenarios and sceneries” are kept fixed, like frames of a film. The phenomenon of time shows through only when the “film” is moving. Mind acts as an observer and idea generator.

Memory is also directly related to the space of variations. It has been proved that the brain is not physically able to embrace all the information accumulated throughout one's life. Then how do people manage to remember things?

The point is that our brain does not store information itself. What it stores is some kind of addresses (links) to the data from the space of variations. People don't remember anything from their past lives, because when the body dies, all the addresses are erased. However, under certain circumstances these addresses can be restored.

The mind is not able to create anything perfectly new. The only thing it is capable of is putting together a new version of the house using old bricks. All scientific breakthroughs and masterpieces of art are received by the mind from the space of variations, with the help of the soul. Clairvoyance as well as intuitive perceptions are also sourced from there.

“Scientific discoveries”, Einstein wrote, “are not made logically. They acquire logical form only later, when being described. A discovery, even the tiniest one, is always an insight. The result comes from the outside and so unexpectedly that it seems somebody helped you find the answer.”

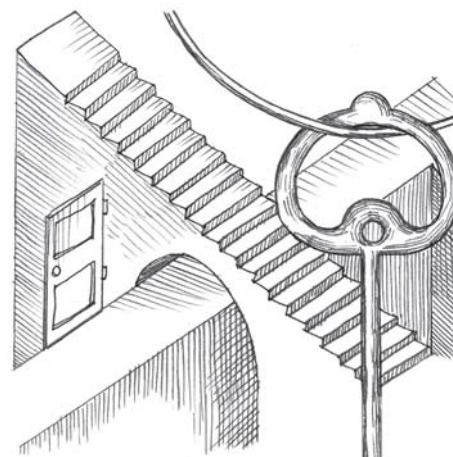
The term, “space of variations”, shouldn't be confused with the known concept of the common information field, where data can be forwarded from one object to the other. The “space of variations” is a stationary matrix – a structure defining everything that could happen in our world.

Thus, should we accept that the two sides of reality – the physical and the metaphysical – coexist, the vision of the world becomes clearer. When the two aspects contact on the surface of the mirror, phenomena which are traditionally referred to as paranormal or not yet explicable arise.

A good example of the two appearances of reality coming into contact is wave-corpuscle duality, when a micro-object is seen as both a wave and a particle.

However, the most amazing example is we ourselves – living creatures, combining the material and the spiritual.

In a sense, we live on the surface of a giant dual mirror, on one side of which is our material universe, and on the other side is a black infinity of the space of variations.





Such a unique condition is the reason why it would be shortsighted, to say the least, to stay within the framework of a common world vision, employing only the physical side of reality.

Under some circumstances, the energy of human thoughts can materialize a sector of the space of variations. In a state which, in terms of *transurfing*, can be named as *a union of soul and mind*, an imperceptible magic force – *the outer intention*.

Everything that is usually attributed to magic is directly related to the outer intention. Employing this force, magicians built the Egyptian Pyramids and produced similar wonders.

The term “outer” is used because it lives beyond us, so mind has no power over it. However, in a certain state one can get access to it. If this powerful force can be made to work at your will, you can do incredible things.

Modern people have lost the abilities which their predecessors from ancient civilizations such as Atlantis had. Fragments of ancient Wisdom have come to our time in the form of some unconnected esoteric teachings and practices. But, it is quite difficult to use this knowledge in everyday life.

Despite this difficulty the secret of using the outer intention is very simple. The key to it is hidden in a phenomenon known as “conscious dreaming”.

In a common dream things happen in spite of the will of the mind. As long as the dreamer is not aware of being asleep, he/she is not able to control what is going on. One is totally engrossed in the unconscious dream – it “happens” to him/her.

But if the dreamer realizes it, some amazing abilities will be revealed. Conscious dreaming is quite easy-to-do. Events can be ruled by the power of your intention, so unbelievable things can be done – flying, for example.

The ability to rule your dreams appears after a person is aware of being asleep and of his/her current relation to the real world. At this stage, reality is a point of support which he/she can return to after awakening.

Reality in its turn is similar to unconscious dreaming - in waking; one is in the hands of “circumstances” - life “happens”. People don’t remember their past lives and have no point of support which could help make a step up to the next level of consciousness.

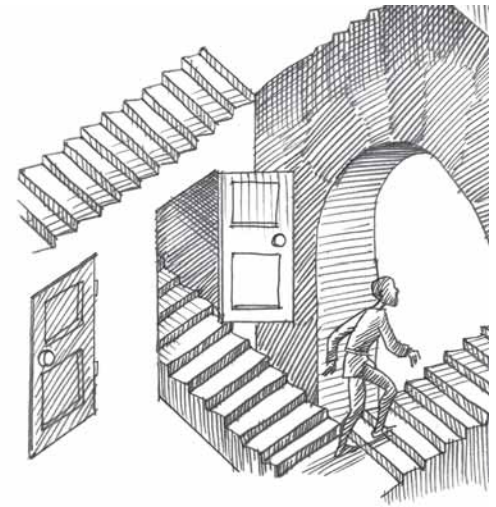
Still, things are not that hopeless. *Transurfing* will give you certain methods to make the outer intention work indirectly.

One can shape reality. To do that you have only to stick to a number of rules. A common human mind fails to influence the reflection in the mirror, because it is necessary to change the image itself. The image is the direction and the way of thinking that the person has.

Your wish is not enough to turn what you desire into what is real. The parameters of the image on the one side of the mirror must coincide with a particular sector of the space of variations on the other side. But that’s not all. You have to know how to deal with the mirror, as it is rather complicated and eerie.

Imagine this unusual situation: You are in front of the mirror and you can’t see anything. Only a while later an image shows through, like a photo. Then you smile - but in the mirror there is the same serious expression as before.

This is exactly how the mirror of variations works. Only, the time of showing through is far greater, so that changes are not noticeable. The material realization is inert, but provided you do particular things the reflection will still be formed, which means that a dream can become a reality. *Transurfing* gives you guidance on how to deal with the mirror of the world.



Reality Transurfing: Trilogy

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The Model of Variations

This chapter contains a theoretical introduction to Transurfing. The model of variations – in principle, a new way of looking at the structure of our World. Man doesn't know that it's possible not to strive for, but simply to get what is desired. Why is this possible?

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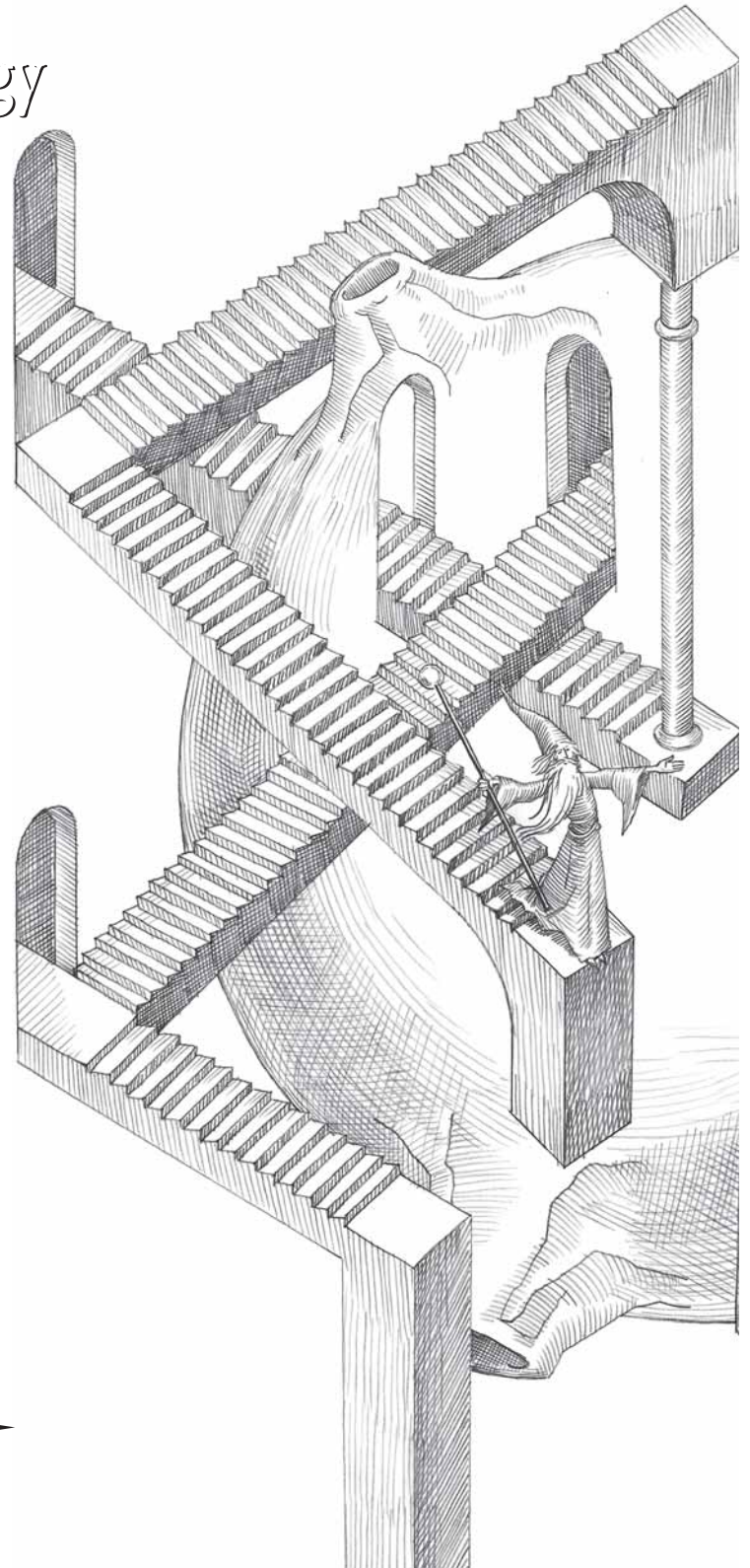
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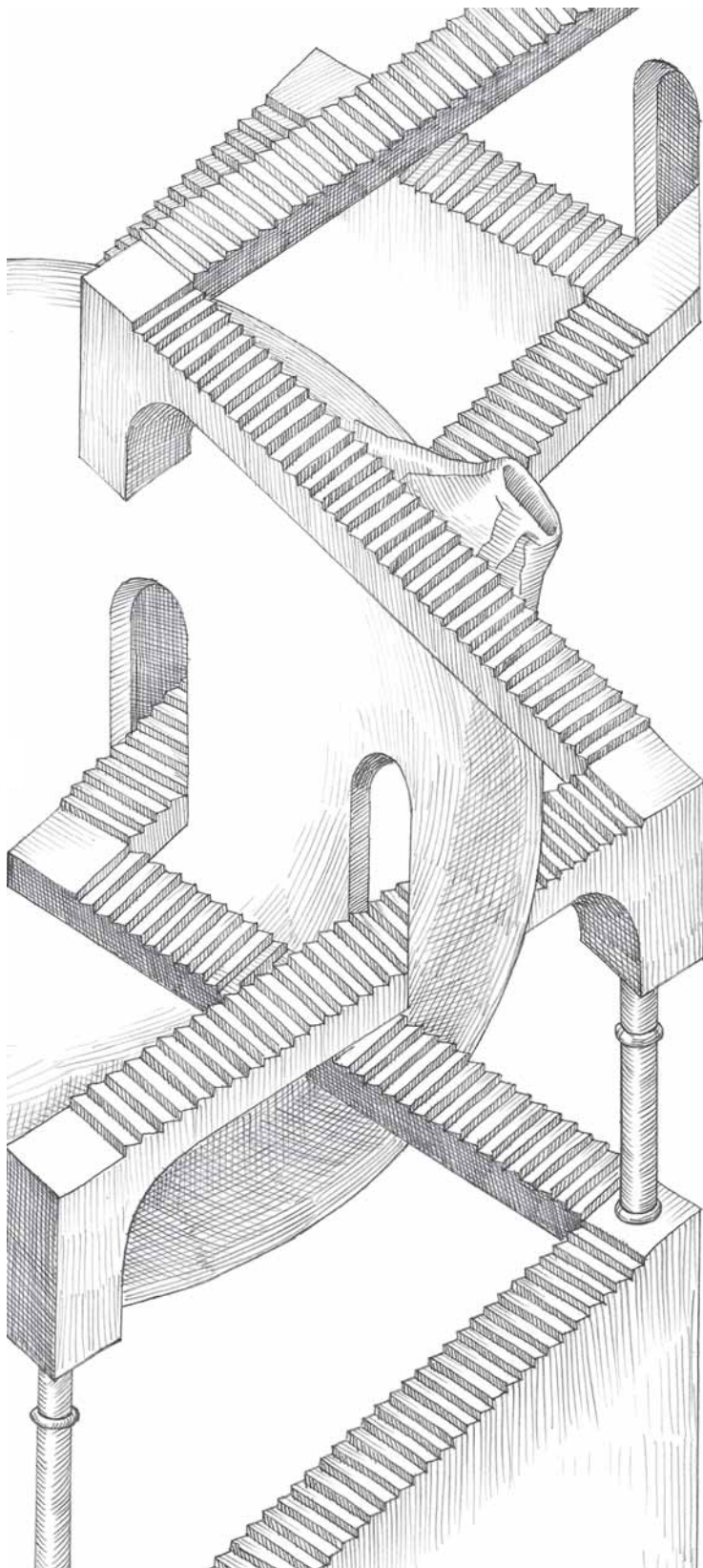
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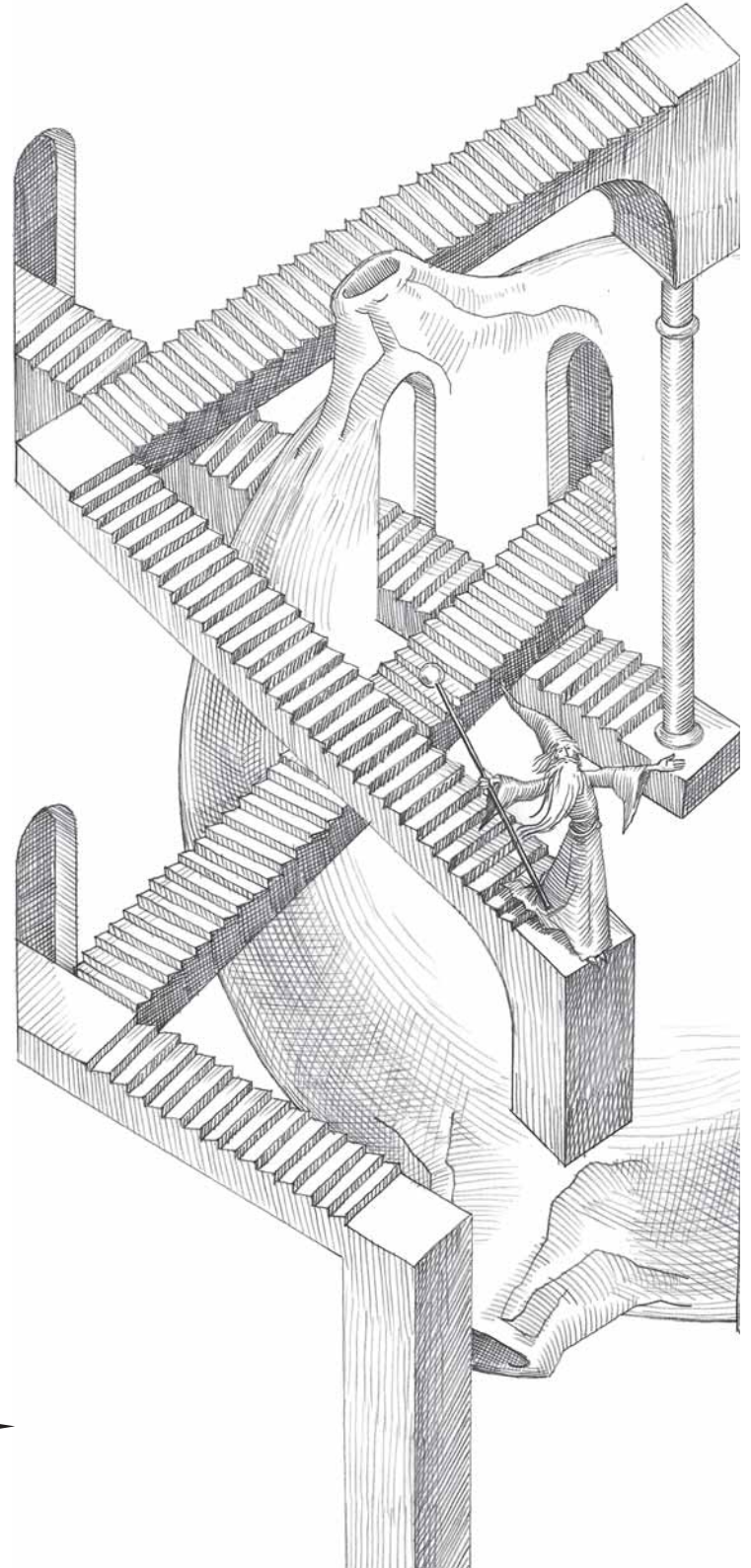
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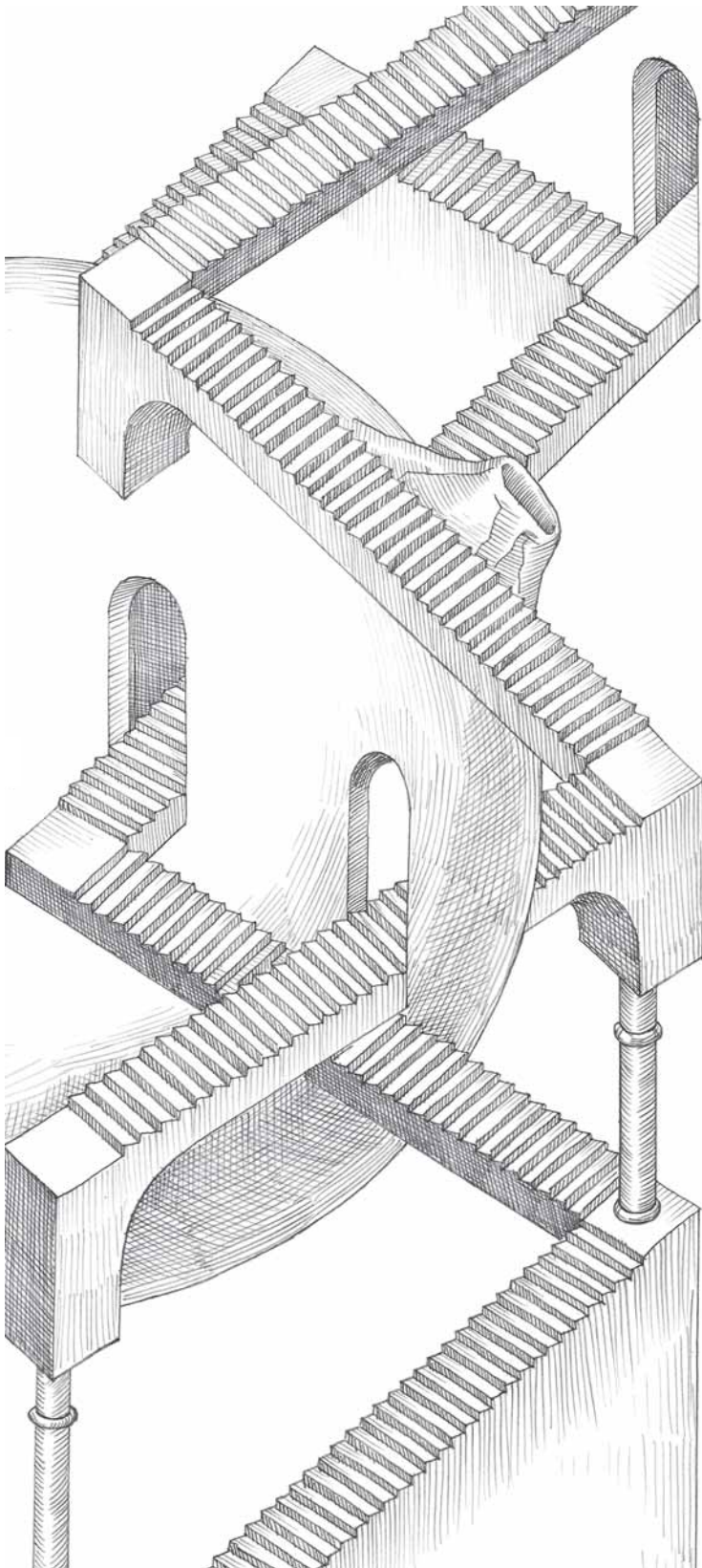
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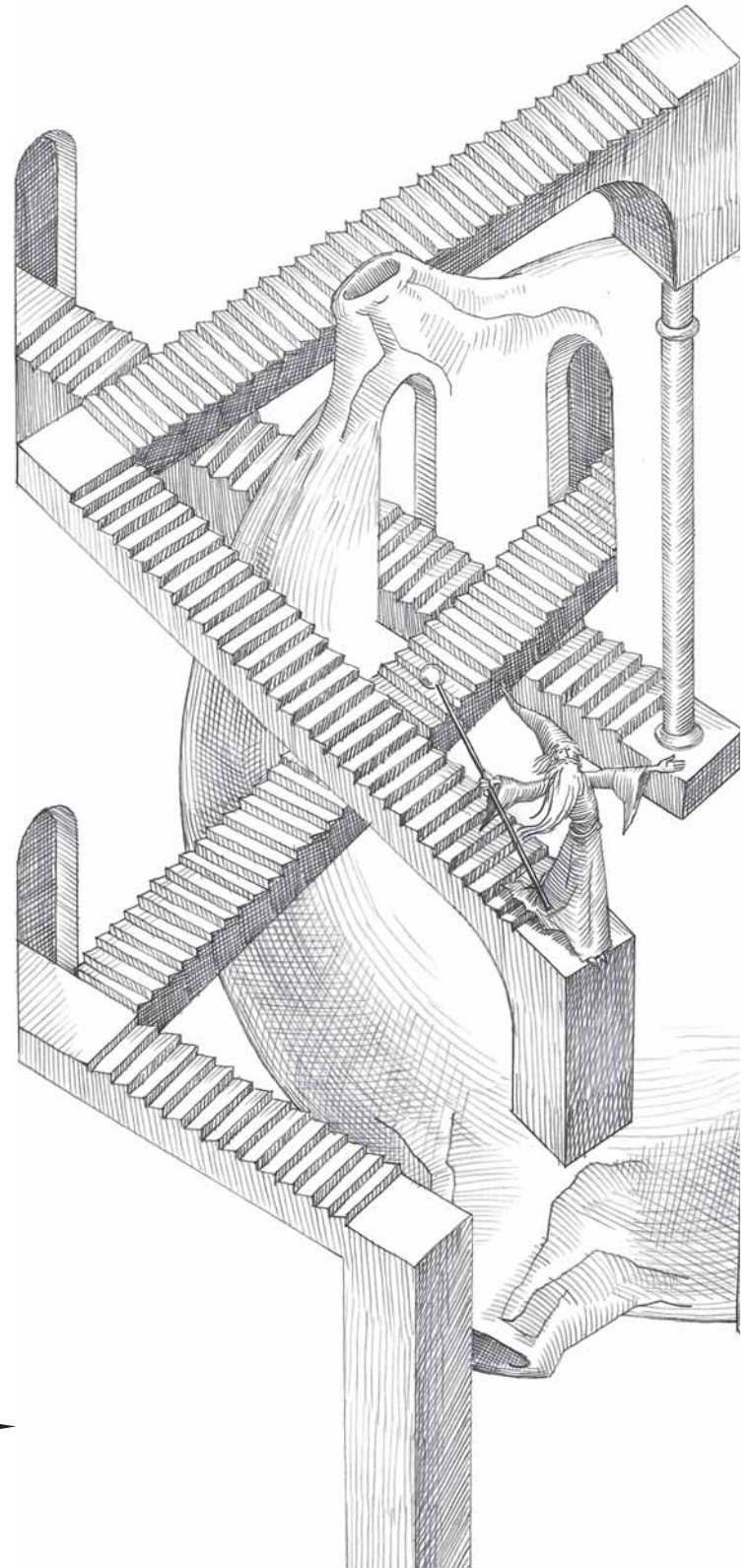
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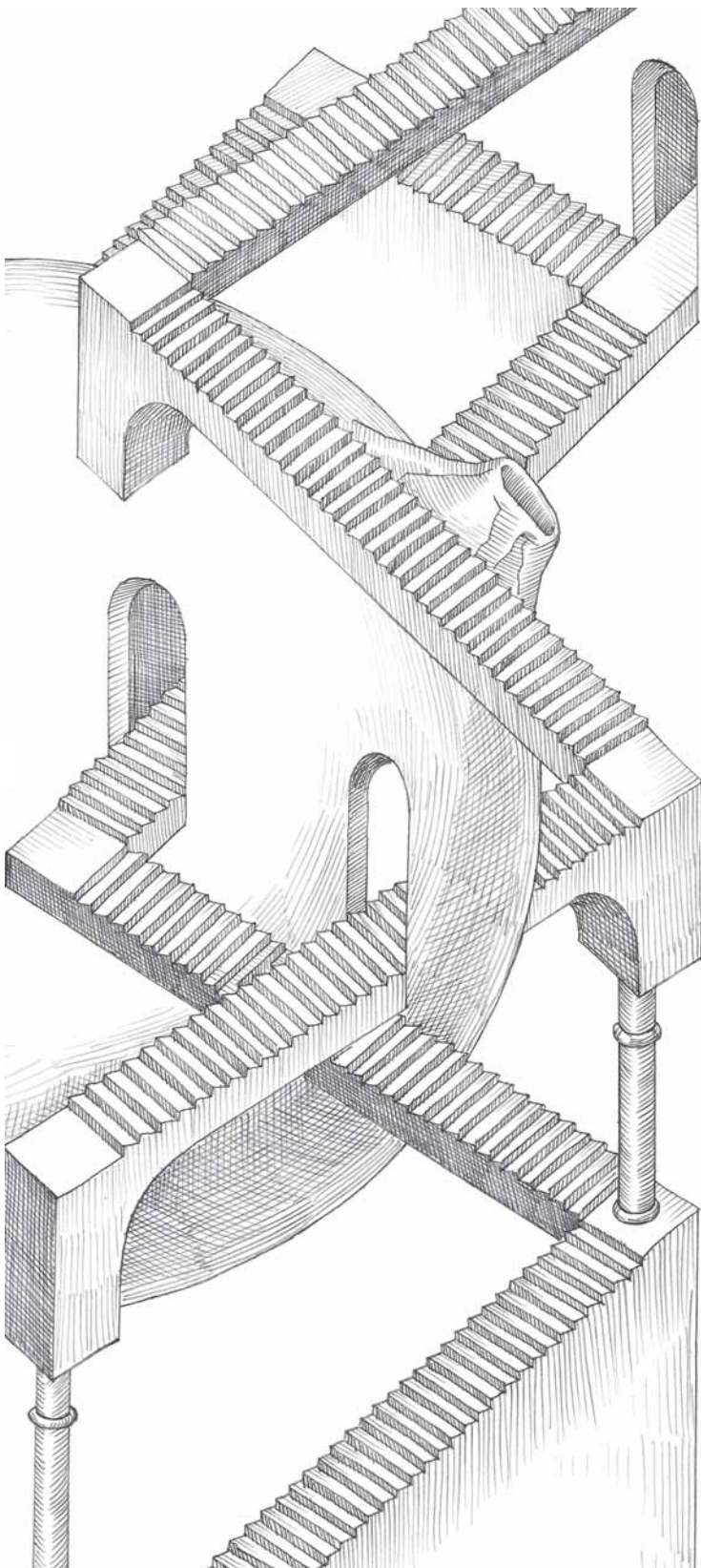
Chapter 10

Aims and Doors

Each person has his or her own path, on which he or she finds authentic happiness. But how can we find the path? You'll learn how to do it. And how can we achieve our aim, when our desires don't always correspond to our possibilities? You'll become convinced that your possibilities are limited only by your intentions. Breaking down the locks of stereotypes, you will open doors which before seemed impregnable to you.

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In order to achieve your aims, you don't have to be strong or self-confident. There is another, much more effective alternative. Coordination is the simple method of thinking and acting such that success will always be on your side. It's the same as learning to ride a bicycle. As soon as you learn how to do this, your life will become transformed into never-ending pleasure.

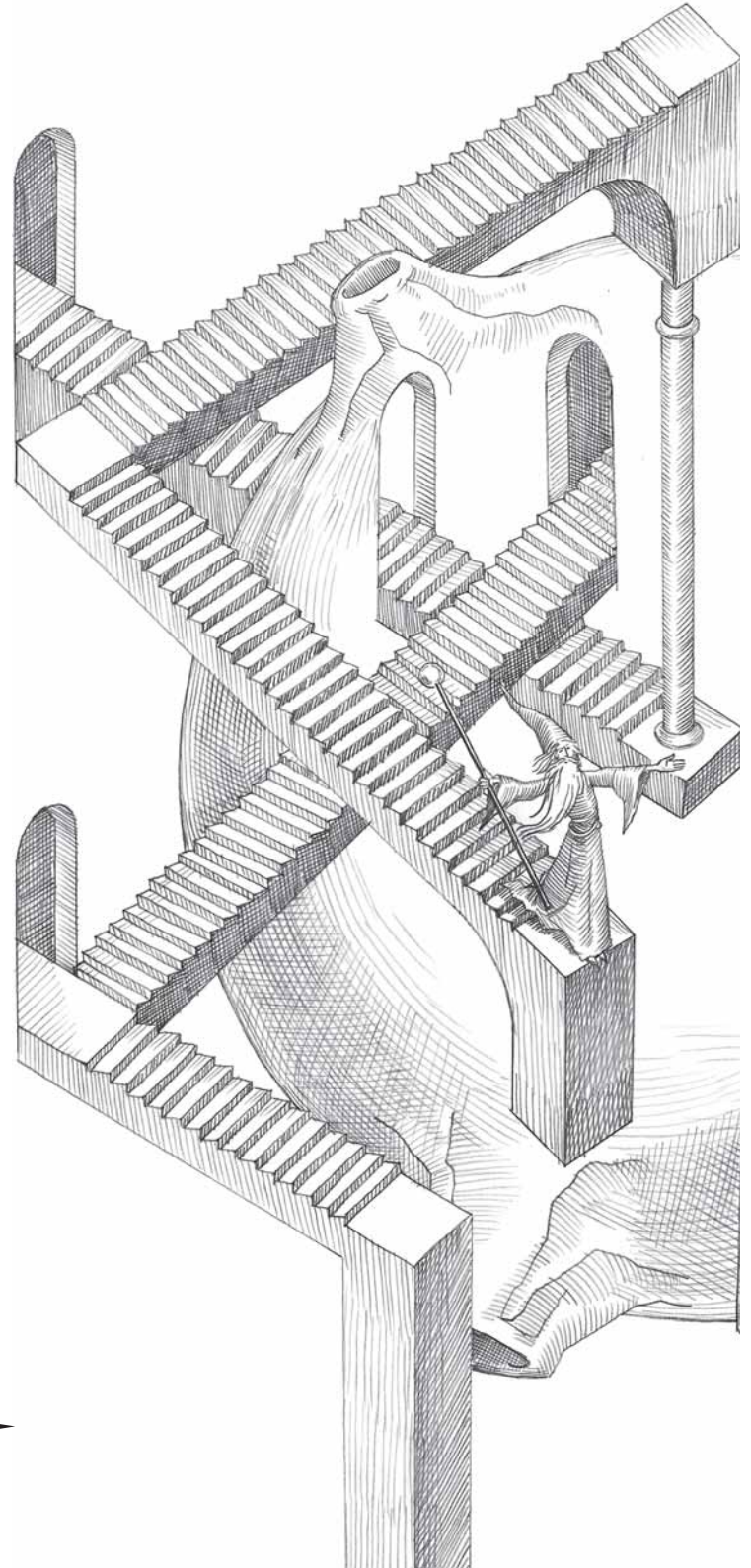
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Battling with Clay Dummies
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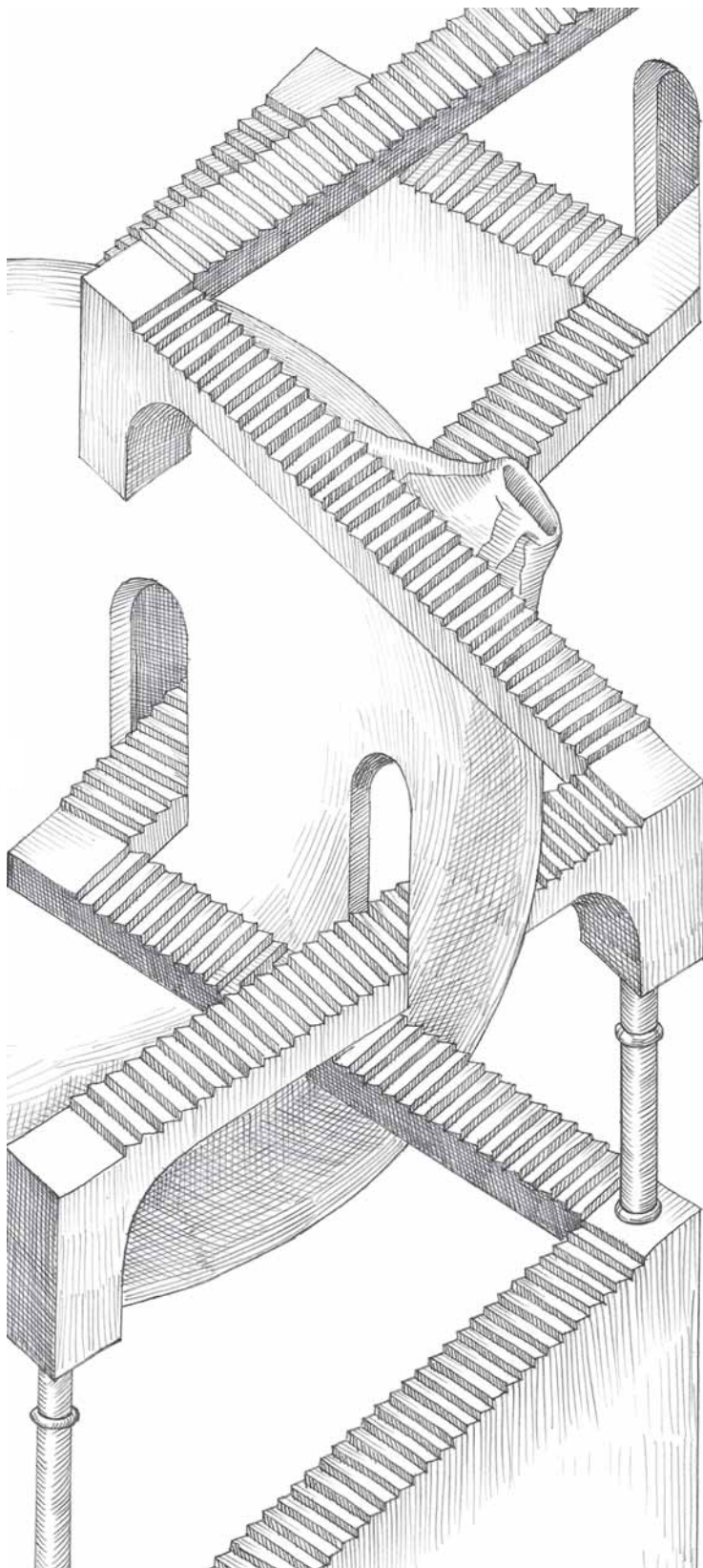
Chapter 14

Forward into the Past

Fantasy and magic sometimes bewitch us with their mystical secrets. But it is nothing, compared to those magnificent feelings of amazement and delight, which you will experience when your apparently unachievable dreams start to come true. Only, for this, a little time is needed, while you'll want to get confirmation of everything you've read about here immediately. And you will get it. You yourself will create magic and you'll see it with your own eyes. When the unbelievable turns into reality right before your very eyes, it will look stunning. This is already not fantasy, but reality, which is much more amazing than any mysticism.

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Shades of Decoration
Sliding
Summary





Chapter 15 Letters from the Past

Fragments of this book, before it appeared in print, have been published in the form of postings on the Internet. The current chapter appeared as a result of written exchanges with the first to journey through the space of variations. Methods of applying the technique of Transurfing in practice are demonstrated.

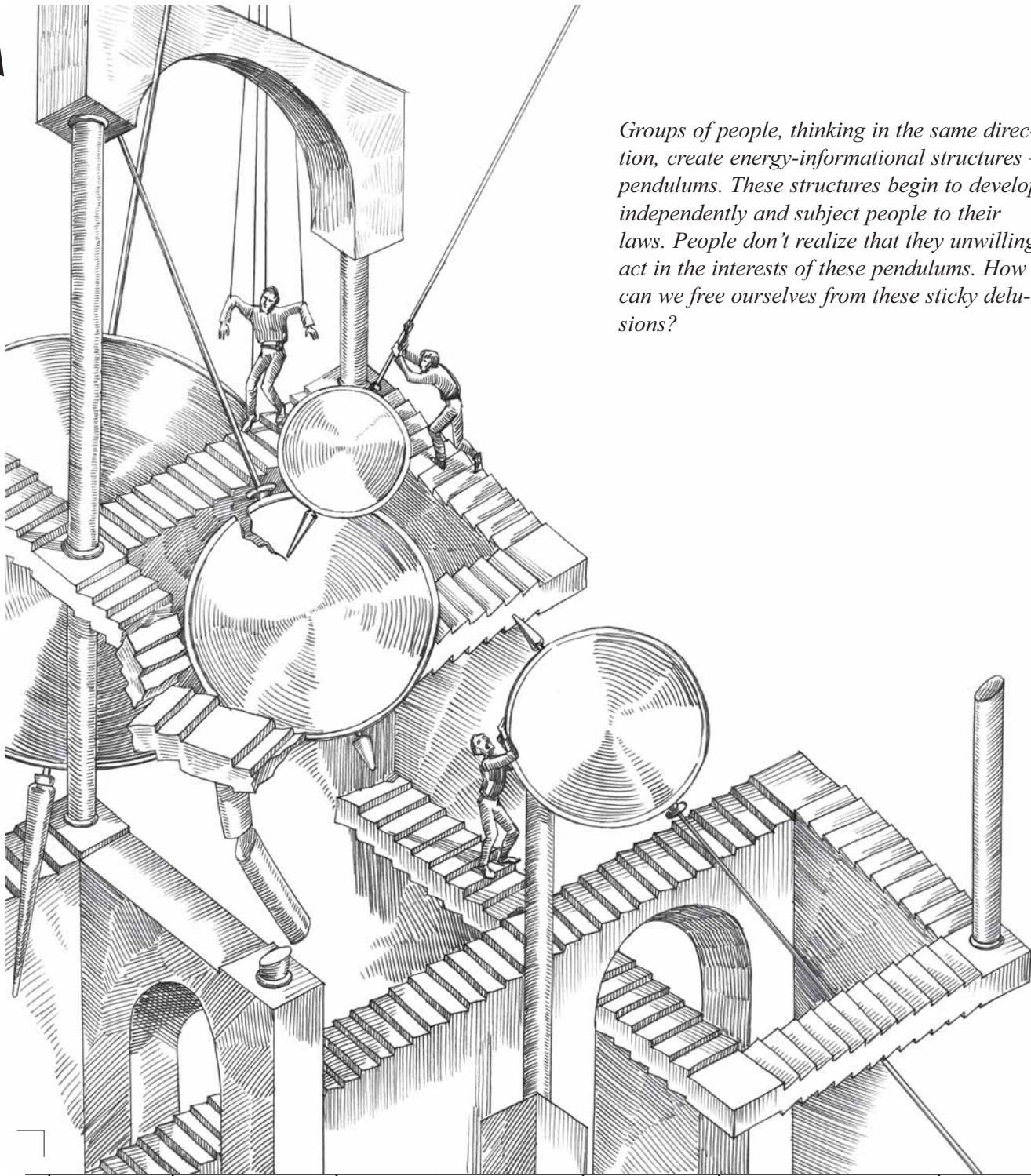
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Charity
Esoteric Knowledge
How to return a Loved One
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On the basis of the model of variations, an explanation is given for several paranormal manifestations and strange phenomena of space and time

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Groups of people, thinking in the same direction, create energy-informational structures – pendulums. These structures begin to develop independently and subject people to their laws. People don't realize that they unwittingly act in the interests of these pendulums. How can we free ourselves from these sticky delusions?



Reality Transurfing: Trilogy

Fragment from the book

Rent yourself out.

Chapter II. Pendulums

Destructive Pendulums

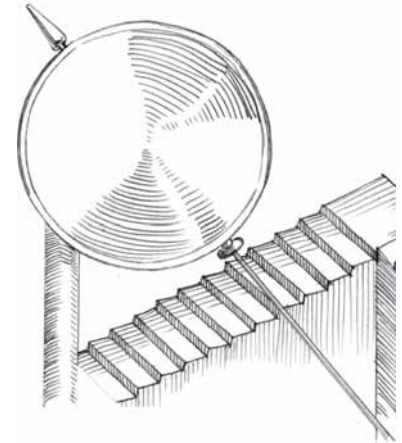
From childhood, we've been trained to place our will under someone else's, to fulfill their obligations, to serve the fatherland, our families, our political party, the company, government, ideas... To serve anybody at all, as long as we were served last. Everybody has, to a greater or lesser degree, this sense of obligation, of responsibility, of necessity, of guilt. Everybody in one way or another "serves" in various groups and organizations: the family, the club, learning institutions, the company, one's political party, government and so forth. All these *structures* are born and develop when a separate group of people begin to think and act in the same direction. Then new people join and the structure grows, gains strength, forces its members to follow established rules and, in the end, subjugates itself to bigger layers of society.

On the level of material realization, the structure consists of people, united by common aims and material objects, such as buildings, structures, furniture, equipment, technology, and so on. But what stands behind all these, on the level of energy? The structure springs up when thoughts of a group of people are focused in one direction and, consequently, the parameters of mental energy are identical. The mental energy of individuals combines into one flow. In such a case, among the ocean of energy is created a separate, independent, energy-informational structure – *the energy pendulum*. This structure begins to live its own life and subjugates people, who participated in its creation, to its own laws.

Why a pendulum? Because a pendulum swings higher and faster, the more people – *adherents* – feed it with their energy. Every pendulum has its own characteristic frequency of vibrations. For example, you can move swings only by applying force of a certain frequency. This frequency is called its resonance. If the number of adherents to the pendulum is decreased, its essence will die. Here are several examples of pendulums that have died out: ancient pagan religions, stone instruments of labor, ancient forms of weaponry, old fashion trends, vinyl records – in other words, everything that existed before and is not now used.

You're probably surprised that these are all really pendulums. Yes, any structure with its own attributes, created by people's mental energy, is a pendulum. In general, any living beings, capable of radiating energy in one direction, sooner or later create energy pendulums. Here are examples of pendulums in living Nature: colonies of bacteria, populations of living creatures, schools of fish, herds of animals, forest masses, prairies, ant-hills – any more or less well-regulated and homogeneous structures of living organisms.

Each separate living organism by itself is an elementary pendulum, inasmuch as it represents one energy unit. When a group of such pendulum units begin to swing in unison, a group pendulum is created. It stands over its adherents like a superstructure, it exists as a separate, independent structure and sets rules for its adherents, to keep them together and gather new adherents. Such a structure is independent in the sense that it develops independently, according to its own laws. The adherents don't recognize that they act by the laws of the pendulum, and not by their own arbitrary rule. For example, a bureaucratic apparatus develops as an independent structure, not relying on the will of its separate officials. Of course, an influential official can make independent decisions, but these decisions cannot run counter to the laws of the system; otherwise, such an adherent would be voted down. Even a single person by himself, representing a pendulum in himself, doesn't always realize his motivations. For example, an energy vampire.



Any pendulum, by its very nature, is *destructive*, as it takes energy from its adherents and exercises its power over them. The destructiveness of a pendulum can be seen by its lack of interest in the fate of its individual adherents. A pendulum has only one aim – to get energy from its individual adherents – whether or not this is of benefit to the adherents is of no concern to the pendulum. A person, finding himself under the influence of a system, is obliged to build his life in accordance with the system's laws; otherwise the system will chew him up and spit him out. Finding oneself under the influence of a destructive pendulum, one can easily ruin one's life. To pull oneself out without loss is, as a rule, very difficult.

If a person is successful in this, he finds his own place in the system and feels there like a fish in water. Being an adherent, he gives energy to the pendulum, which provides him with a medium for existence. But as soon as the adherent begins to break the rules of the structure, the frequency of his radiations are already not in sync with the resonance frequency of the pendulum's swings. Not receiving energy, the pendulum then throws off, or even destroys, the obstinate adherent.

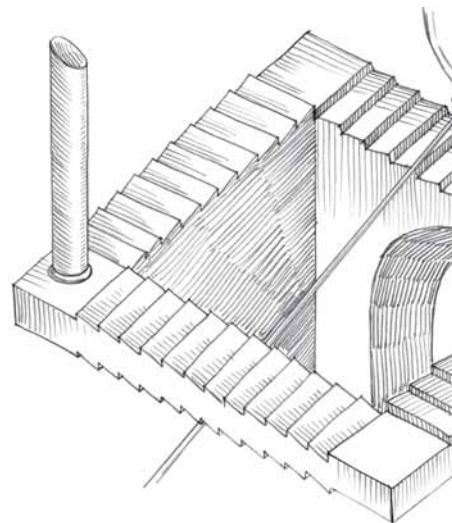
If a person then is led far from the most favorable places for him, then life in the structure of an alien pendulum turns into a living hell, or simply into a cheerless existence. Such a pendulum becomes, for the adherent, clearly destructive. A person, falling under its influence, loses his freedom. He is obliged to live by laws forced on him, and to be a little screw in a large mechanism – whether he likes it or not.

Man can fall under the protection of a pendulum and attain outstanding results. Napoleon, Hitler, Stalin and other similar figures – these were all *favorites* of destructive pendulums. But, in any case, this pendulum had absolutely no care for the welfare of its adherents, but only used them for its own aims. When Napoleon was asked, had he ever been truly happy, he counted only several days out of his whole life.

Pendulums are used as refined methods for the seduction of new adherents, who fly to them, like moths to the flame. How often do people, enticed by advertising material of a pendulum, stray far away from happiness, which was all the time right beside them! They join the army and perish. They go into learning institutions and in vain master all sorts of things not in their profession. They find alien, but seemingly prestigious, work and drown in a sea of problems. They connect their lives with those of strangers and then suffer the consequences.

Activity of the pendulum very often leads to destruction of the individual fates of its adherents, although it tries to hide its motives behind all sorts of noble masks. The chief danger for the person, who has subjugated himself to the influence of a destructive pendulum, is that the pendulum leads a person's sacrifice away from those areas of life, where he could acquire happiness. Let us note a pendulum's differentiating characteristics.

- A pendulum feeds on the energy of its adherents and because of this, increases the height of its swings.
- A pendulum tries to attract as many supporters as possible to itself, in order to receive as much energy as possible.
- A pendulum sets its group of adherents against all other groups (Look at *us*, we are better than *them*).
- A pendulum aggressively finds fault with all those, who don't want to become its adherents, and tries either to attract them to its side, or to neutralize or remove them.
- A pendulum uses good-looking, attractive masks, protects itself with noble aims, plays on people's emotions, in order to justify its own actions and conquer as many adherents as possible.
- A pendulum, by its very nature, is an egregor, but this doesn't tell the whole story by any means. The concept of "egregor" does not reflect the entire complex of interaction of a person with the energy-informational essences. Pendulums play a much greater role in people's lives than is suspected.



The way that pendulums swallow energy of its adherents can easily be illustrated by the following example. Imagine a full stadium, a tense soccer match is underway, passions are red-hot, fans are raging. Suddenly, one player makes an unforgivable blunder, which leads to his team's defeat. A storm of indignation descends on the player from the fans, they're ready to tear him apart. Can you imagine, what a mass of negative energy comes down on the head of the unfortunate player? From such a monstrous blow, you'd expect him to die right on the spot. But that doesn't happen, instead he's alive and well, although crushed by the sense of his guilt. Where did the negative energy go, that was directed toward the player? The pendulum collected it. If this would not have been so, then the object of the crowd's anger would have died, while the game's idol would have soared into the heavens.

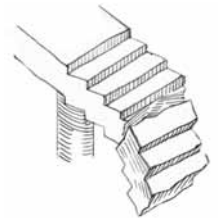
I don't mean to judge, whether the pendulum is an animated essence or simply an energy form. This has simply no meaning for Transurfing. The main thing is to recognize the pendulum for what it is and not accept its game without using it for oneself. To know a destructive pendulum is very simple, by one differentiating characteristic. It always competes in the struggle for people, with others like itself. A pendulum only has one aim – to capture as many adherents as possible, in order to get as much energy as possible. The more aggressive a pendulum acts in its struggle for adherents, the more destructive it is; that is, it presents a danger to the fate of an individual person.

One could object that there exist, after all, charitable organizations, societies for the preservation of Nature, animals, and others. What could be destructive in them? For you personally – it is that, however you slice it, they feed off of your energy and they care not a whit for an individual's happiness or well-being. They appear merciful to others, while remaining indifferent to you. If this suits you, and you truly feel happy with such work, then this can be considered your calling, and you have found your pendulum. But here it's necessary to be sincere with oneself, ask yourself if you are not really just wearing the mask of a benefactor. Are you truly giving out your energy and money for the good of others, or are you playing with being charitable, in order to appear better than you really are?

Destructive pendulums have taught people not to choose their own fate. For, if a person were truly free in his choice, he would find independence. Then he wouldn't be attracted to pendulums as one of their adherents. Our consciousness is so accustomed to the idea that our fate is our destiny, and it's truly very difficult for us to believe in the possibility of *choosing* the fate which we would want to have. It's useful for pendulums to keep adherents under control; therefore, they invent all sorts of ways to manipulate their servants. From what is discussed below, it will become clear, how this is done.

Transurfing could also become a pendulum, if you make a cult, movement, or school out of it. Different pendulums are, of course, destructive to different degrees. Transurfing, even in the worst case, will appear much less destructive, inasmuch as it serves not some sort of other, general aim, but only exists exclusively for the good of the individual. Therefore, such a pendulum would be very unusual, looking like a society of individualists, occupied exclusively with their own individual fates. By the way, here is your homework – what pendulums can be called constructive?

But why, in general, am I telling you all this? Because I need to explain, what it means to *choose* one's fate and how this is done. Have patience, dear Reader, all is not so simple, but gradually the picture will begin to be developed.



Battle of the Pendulums

The main differentiating characteristic of a destructive pendulum is that it aggressively strives to destroy other pendulums, in order to drag people over to its side. For this, it is constantly setting its adherents on others. "We are for

you, while *they* are different! Not good!" People, drawn in by this battle, lose their way and drift towards false aims, which they mistakenly take as their own. This is the destructiveness of pendulums. The battle against foreign adherents is fruitless and leads to the destruction of lives – both of one's own and of others.

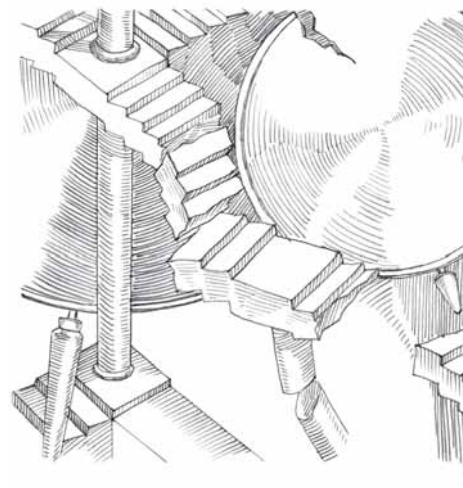
Let's take an extreme example of the struggle for adherents – war. In order to convince its own adherents to go to war, the pendulum puts forth arguments, according to the specific historical era. The most primitive method, which was applied earlier, was to simply order the confiscation from others of whatever belonged to them. As societies became more civilized, arguments acquired more refined forms. One nation declares itself higher, while others are on the wane. A noble aim is then to raise these undeveloped peoples to a higher level, and if they protest, to apply force. And modern conceptions of war look basically like the following. A bee's nest hangs on a tree in the forest. Wild bees live there, produce their honey and raise their children. When suddenly a pendulum approaches the nest, and announces to its adherents: "These are wild bees, they're very dangerous, therefore they must be destroyed or, at least the nest must be ruined. You don't believe us? Just watch!" Here it begins to turn the nest over with a stick. The bees fly out and take to stinging the adherents. And the pendulum triumphantly proclaims: "Here, look, how aggressive they are! They need to be destroyed."

Whatever justifying slogans are used to cover up wars and revolutions, their essence is the same – this is a *struggle of pendulums* for their adherents. The forms battles take could be various, but the single aim is simply to conquer as many adherents as possible. New forces are a vital necessity for the pendulum, without them, it stops; therefore, the battle of the pendulums is natural and unavoidable for their existence.

After wars and revolutions come less aggressive, but no less severe forms of battle. For example, the struggle for the supply market, rivalry of political parties, competition in economics, all possible forms of marketing, advertising campaigns, ideological propaganda, and so forth. The medium of people's existence is built on pendulums, therefore all spheres of activity are overrun with competition. Rivalry takes place on all levels, beginning with governments' arguments and ending with competitions between clubs and among individual people.

The new, the unusual, the unknowable always makes its own way with difficulty. Why is this? Could it be truly from just the inertia of thinking? The main reason is that the appearance of a new pendulum on the scene, dragging adherents to its own side, is of absolutely no use to the old pendulums. For example, engines of internal combustion, so strongly polluting the atmosphere of cities, could have been replaced long ago. A large number of alternatives have been worked out, models of ecologically clean engines. However, this would have been a threat to the life of pendulums of oil corporations, and they are still very strong. Therefore, no inventors are allowed so easily to escape from the scene. It has come down to these big monsters of corporations literally buying up the patents from models of new engines and keeping them in secret, all the while trumpeting these inventions' low efficiency.

Completing their structure on the material plane, pendulums strengthen their position, using financial means, buildings, equipment, and, of course, using people resources. At the top of mankind's pyramids, pendulums place their favorites. Their favorites are leaders of all rungs of the ladder, beginning with small bosses and ending with Presidents of governments. It is entirely unnecessary that they possess any special outstanding qualities at all. As a rule, they become adherents, whose parameters most optimally enter into the structure of the pendulum. To the favorite, it could seem that he has achieved impressive results in his life, thanks exclusively to his own personal qualities. To some degree, this is true, but the self-organizing structure of the pendulum plays the biggest role in working to advance its favorites. If the parameters of the favorite cease answering the needs of the system, then he is callously removed.



The battle of pendulums is destructive for its adherents, in that it seems to them that, fulfilling the higher will, they are acting from their own personal convictions. Personal convictions of the adherents are, in the majority of cases, usurped by the pendulums. As soon as a person tunes himself in to the pendulum's frequency, interactions arise between him and the pendulum on the energy level. The frequency of radiation of an adherent's mental energy is fixed and is supported by the energy of the pendulum. A capture of its own type arises, a lasso with a return connection. The adherent radiates on the resonating frequency of the pendulum, while the latter, in its turn, also adds a little energy to the adherent, in order to keep its influence over him.



On the level of the material world, we observe such interactions in ordinary situations. For example, the pendulum of a political party conducts agitation, catches hold of an adherent and gives him some energy food in the form of a feeling of truth, satisfaction, worthiness, importance. It seems to the adherent that he has control over the situation – he can select. But in fact, he was selected and control established over him. Externally, it looks like convictions of the adherent, in that he carries out his will. However, this will is artificially and unnoticeably forced upon him by the pendulum. The adherent falls into the pendulum's informational field, converses with like adherents on “hot” topics, enters into an energy connection and in this way fixes his frequency. Then the adherent's expectations can be deceived, thoughts appear against his former idol, and the frequency of radiation falls out of the captor's noose. The capture force varies, depending on the level of a pendulum's power. In some cases, the adherent is allowed to simply leave, while in others, such a heretic can be deprived of his freedom or even his life.

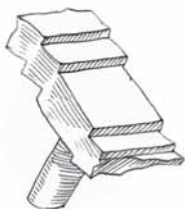
The capture of frequency can be illustrated by the following clear example. You're singing to yourself some kind of melody. And suddenly you hear other, loud music. Now, whenever you hear the other melody, it will be very hard for you to continue playing to yourself the previous motif.

For the aims of Transurfing, it's not important, in what way an interaction takes place between a pendulum and an adherent on the energy plane. We'll investigate this interaction, using a simplified model in daily use. This will be quite sufficient. No one can explain in detail and clearly, how and what takes place *in fact*, because then the question arises, and what's understood by these words “in fact”? And so forth, in accordance with the endlessness of the process of cognition. This is a thankless task. So that we must be satisfied with the small. We should be glad, that we nonetheless are already capable of understanding something. Let's see how a pendulum manipulates its adherents.

Puppet Strings

Let's pose a question to ourselves: how can pendulums compel their adherents to freely give up their energy? Big and powerful ones, for example, can force their adherents to act according to specific rules. But how do weaker pendulums do it? When a person doesn't have the power to force another to do something, he uses sensible reason, convictions, persuasions, promises. All these are weak methods, inherent exclusively to human society, removed from Nature's forces. Pendulums also use these methods sometimes, but also have much more powerful weapons. They are energy-informational essences; therefore they subjugate themselves and act in accordance with powerful and immutable laws of the existence of this world.

A person gives out energy to a pendulum, when he radiates mental energy on its resonating frequency. For this, it's not necessary for a person to consciously direct his thoughts to the use of the pendulum. As you yourselves know, the greater part of thoughts and actions of people lies in the area of the unconscious. Pendulums also use this quality of human psychology. They manage to receive energy not only from their own adherents, but from their ardent opponents. You can probably already guess how.



Imagine a group of old men sitting on a bench, who are calling the country's government every name in the book. They are not adherents of the government's pendulum, they hate the government with a vengeance. However, what is happening? The old men are cursing the government – how incompetent, corrupt, cynical and stupid it is. In this way, they are intensely radiating mental energy at the frequency of this pendulum. In fact, the pendulum itself is truly indifferent, to which side will you be swinging it. For it, both positive and negative energy will do. The main thing is that the frequency of radiations be resonating.

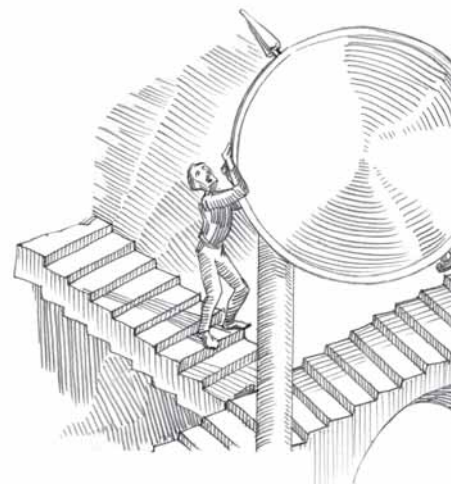
So, the main problem of a pendulum is to catch people, to hit them where it hurts, in whatever way possible, only that it should occupy their thoughts. With the appearance of mass media, the methods of pendulums have become more and more refined. People fall into a strong dependence. Have you noticed, how in news programs, there is so much bad news? These programs call up strong emotions – uneasiness, fear, displeasure, anger, envy. The task of journalists is to attract your attention. The means of mass media, themselves pendulums, stand at the service of more powerful pendulums. The supposed purpose is free access to any information. The actual purpose is another – the tuning by all possible means to the needed frequency.

One of a pendulum's favorite methods to get access to your energy is to pull you off balance. Being pulled off balance, you begin "to sway" to the frequency of the pendulum and thus, to swing it. Suppose that prices have risen. You react negatively – you begin to be indignant, to complain, to exchange information with your neighbors. A perfectly normal reaction. But this is exactly what the pendulum expects. You radiate negative energy into the surrounding world at the frequency of the pendulum, it picks up this energy and swings still higher – the situation gets worse.

The very strongest thread, by which a pendulum pulls at you – is fear. The most ancient and strongest feeling. It's not important, what you are afraid of, but if fear is connected with some kind of aspect of the pendulum, it collects your energy. Anxiety and uneasiness are already weaker, but nonetheless sufficiently strong threads. These feelings fix the radiation of mental energy very well to the frequency of the pendulum. If something is bothering you, it's hard for you to concentrate on something else.

The sense of guilt is also one of the most widespread channels, through which a pendulum pumps out energy from you. It is forced on us from very childhood. It's a very convenient method of manipulation. "If you're guilty, then you are obliged to do what I say." To live with a feeling of guilt is not very comfortable, therefore we try to get rid of it. But how? Either to bear punishment, or to work out our guilt. Both the one and the other imply submission, obedience, and the work of thoughts in a certain direction. The feeling of debt is an individual case of the sense of guilt. Must - means obligated to something, charged with fulfilling something. In short, "the guilty", both factually and imaginary, go around with drooping heads and bring the pendulum their tithe in the form of energy. The induced suggestion of a feeling of guilt is the beloved weapon of manipulators, and we continue to return to them.

It's especially important to investigate all possible psychological complexes of people. The complex of inadequacy: I have an ugly appearance, I don't have any abilities or talents, I don't have the mind or cleverness, I don't know how to relate to people, I'm not worthy. The complex of guilt: I'm guilty of something, everyone is judging me, I have to bear my cross. The complex of the warrior: I must be strong, I declare war to myself and to all those surrounding me, I will fight for a place under the sun, I will take my own by force. The complex of the truth-lover: at all costs, I will show that I am right and I will show others that they are wrong. These and other complexes are the personal keys to the energy of separate personalities. A pendulum, hitting a man in his most vulnerable spot, intensively pumps energy out of him.



You yourselves can continue the list of threads, by which the pendulum holds its puppets: justice, pride, vanity, honor, love, hatred, greed, generosity, curiosity, interest, hunger, as well as other feelings and needs. Feelings and interestedness allow fixing the flow of thoughts in one direction. If the subject doesn't call up any interest or emotion, then it's very hard to concentrate on it. Because of this, pendulums produce the capture of the flow of thoughts, wounding the feelings and needs of a person.

As a rule, people generally react to negative, external sources of irritations. Negative news calls up dissatisfaction, alarming news – a reaction of unease or fear, insult calls up dislike, and so forth. Habits serve as the starting levers for launching the mechanism of capture. For example, the habit of getting irritated or feeling uneasy over the slightest causes, to answer in provocation, in general, to answer a negative source of irritation with a negative reaction. Man can recognize that negative thoughts and actions bring nothing good; however by custom, he makes the same old mistakes.

In this way, habits often create problems and force us to act ineffectively, but to free oneself of them is difficult. They are the illusion of comfort. Man more easily believes that with which he has been familiar for a long time. Anything new calls forth apprehension. The old and accustomed has always proven itself through experience. It is like an old armchair, in which you sit down to relax after work. Maybe, a new one would be better, but the old one is more comfortable. Comfort is characterized by such concepts as convenience, trust, positive experience, predictability. The new possesses these qualities to a much lesser degree, therefore it requires a lot of time, in order for a new habit to become old.

So, in general terms, we've looked at the methods of influence that pendulums use over people. Can a man free himself from the influence of a pendulum? We'll speak later about the means for freeing oneself. However, it often happens that someone stands up and openly speaks out against the pendulum enslaving him. In such a duel, the person *always* suffers defeat. A pendulum can be defeated only by other pendulums. One man can do nothing. If he ceases to be obedient and enters into battle, he will only lose energy and, in the best circumstances, will be cast off beyond the limits of the system; while in the worst case – crushed. An adherent, daring to destroy the rules set by a pendulum, puts himself outside of the law. Externally, it manifests itself as judgment for his actions. In actual fact, the guilt consists not in the act itself, but in the fact that the adherent ceases to be obedient – that is, stops presenting the pendulum with energy.

Why does “the guilty man never swing”? Because the man who accepts the feeling of guilt is completely ready to subjugate himself to the pendulum. For the pendulum, remorse of the adherent for the done deed has no meaning. Only the restoration of lost control has any meaning. The pendulum immediately becomes kinder, if you give it the possibility of manipulating you. But if the culprit does not submit, then he can be removed, inasmuch as there is nothing more to be taken from him. The true motives of the pendulum, as a rule, are veiled by moral principles. As if the person having repented of the thing done is already not such a scoundrel. You yourselves can easily differentiate where moral principles work from where interests of the system are touched upon, if you will always remember that pendulums come from you and what their real aims are.

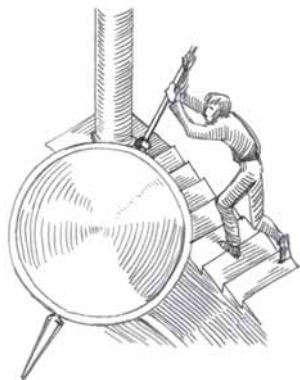


You get exactly what you don't want

As was shown above, pendulums can get energy both from its own adherents as well as from its opponents. But the loss of energy is only a partial loss. If the pendulum is destructive to a sufficient degree, the loss also brings prosperity to the fate of a man.

Every man from time to time runs into negative information or undesirable events. All this is simply provocation of the pendulums. A man doesn't want this to be in his life, but always reacts by one of two variants. If the information doesn't touch him very much, it passes in one ear and out the other and he quickly forgets about it. But if the provocative information irritates or frightens him, that is, hits him in the soul, then a capture of mental energy takes place in the pendulum's noose, and the man is tuned to the resonating frequency of the pendulum.

You know how further events develop. A man is angered, becomes indignant, becomes uneasy, is afraid, heavily expresses his dissatisfaction, in general, actively radiates energy at the frequency of the destructive pendulum. This energy goes not only to the pendulum. The parameters of mental energy are such, that a man is carried down that life path, where what he wants to avoid is found in abundance. As you remember, if the radiation of mental energy of a man is fixed at a certain frequency, he is carried down the corresponding path of life. The destructive role of a pendulum here consists in fixing the frequency with the help of the hunter's lasso.



Let us suppose that you take no heed of information about some catastrophes and natural disasters. Truly, if this doesn't touch you, why get upset over it? In such a case, as a rule, a catastrophe happens somewhere, but you personally are on the path of life where there are no victims, but only observers. That path, where you are a victim, stayed in the background. And the opposite – if you allow information about catastrophes and unfortunate occurrences to come into you, you moan about it and discuss it with your friends, then it's entirely possible that you will soon be put on the path of life, where you yourself become a victim.

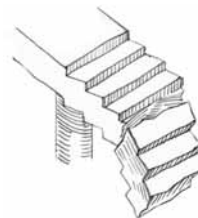
It turns out, the stronger your desire to avoid something, the more likely it will come to you. To actively struggle with what you don't want – that means, to apply all efforts to make it a part of your life. To cross over to an undesirable path of life, it's not even necessary to undertake any sort of action. It's quite enough to have negative thoughts, added to emotions. You don't want bad weather, and so you think about how you don't like rain. Noisy neighbors are annoying you and you constantly fight with them or quietly hate them. You are afraid of something, and this makes you very uneasy. Yesterday's work bored you, and you indulge in your dislike of it.

What you *actively don't want* will pursue you everywhere, that is, what you are afraid of, hate, despise. From another angle, there's much that you also would like to avoid, but this doesn't bother you very much in the present moment. In that case, those things won't happen. But as soon as you allow into yourself the undesirable, be filled with dislikes and begin to cherish this feeling, the undesirable will definitely materialize in your life.

The only method of removing the undesirable from your life consists in freeing yourself from the influence of the pendulum, which has captured your mental energy. And, from that time on, not giving in to its provocations and not including yourself in this game. To get out from under the influence of a destructive pendulum can be done by two methods: *to ruin* it or *to bring it to rest*. Let's look in more detail at how this is done.

Ruin of the Pendulum

It is useless to struggle with a pendulum. As has already been shown above, to struggle with it means to give it your energy. The first and most important condition of success is *refusing to struggle* with it. In the first place, the more actively you defend yourself against the pendulums annoying you, the more actively they will pursue you. You can repeat over and over "Come on,



leave me in peace! Everyone, leave me alone!” It seems to you that you defend yourself against them, but in fact, you are feeding the pendulums with your energy, and they stick even more to you.

Secondly, you don’t have the right to blame or change anything in this world. You have to accept everything, like a picture in an exhibition, whether it pleases you or not. There may be many pictures at an exhibition which don’t particularly attract you. However, it doesn’t enter your head to demand that they be taken away. After you’ve recognized the right of the pendulum to exist, you have the right to leave it, not to submit to its influence. But the main thing is not to struggle with it, don’t blame it, don’t get angry with it, don’t lose your temper, because all this would mean your participation in its game. On the contrary, you need to quietly accept it as your due, as unavoidable evil, and then leave. Manifesting non-acceptance in any form, you give out energy to the pendulum.

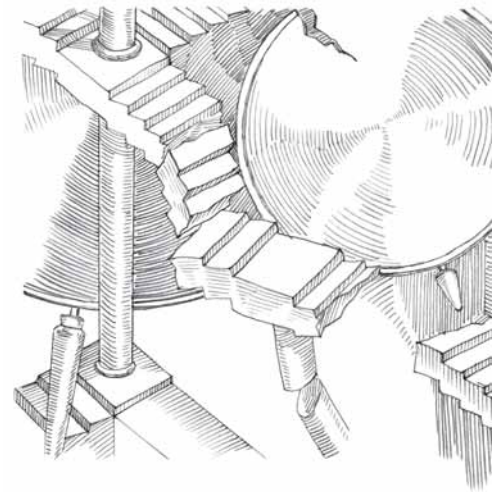
Before looking at what *to select* means, we have to learn *to give up*. People as a rule dimly perceive what they want. But everyone definitely knows what he or she doesn’t want. Striving to free themselves from undesirable things or events, many act in such a way, that they get the exact opposite. *In order to give up, it’s necessary to accept*. The word “to accept” here means not to be full of oneself, but to admit the right of everyone to exist and indifferently pass by. To accept and to let go means to let things pass through oneself and to wave goodbye to them as they leave. The opposite, to accept and to keep things means to be full of oneself, and then to either become attached to them, or to resist them.

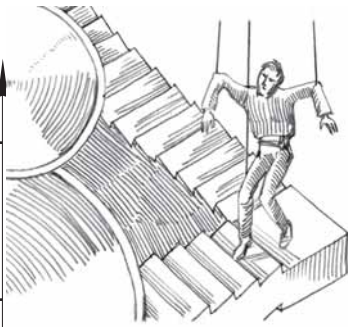
If thoughts are pestering you about what you don’t like, what you don’t like will be in your life. Imagine that somebody doesn’t like apples. He simply hates them, they make him sick. He could simply not pay any attention to them, but he is not pleased by the fact that in the world in which he lives, such a filthy thing as an apple exists. They irritate him every time he even sees one, and he actively talks about his aversion. This is on the material plane. However, on the energy plane, the man greedily attacks apples, stuffs his mouth, loudly chomps down, and begins to blubber, how he hates them, stuffs his pockets full, chokes on them, and again complains, how sick of them he is. It doesn’t occur to the man that he can simply keep apples out of his life, if he doesn’t want them.

Whether you love something or hate it has no meaning. The main thing is if your thoughts cycle on the subject of your feelings, the energy of your thoughts fix on a certain frequency. Therefore, you’re captured by the pendulum, and carried onto the corresponding path of life, where the subject of fixation exists in abundance.

If you don’t want to have something, simply don’t think about it, pass it by indifferently, and it will disappear from your life. *To cast it off from your life means not to avoid it, but simply to ignore it*. To avoid something means to allow it into your life, but actively try to free yourself from it. To ignore something means not to react to it in any way, and, consequently, not to have it.

Imagine that you are a radio receiver. Every day you wake up and hear a station that is hateful to you – the world which surrounds you. So, tune yourself into a different frequency! It can appear that, placing an iron curtain between you and the world, you protect yourself from undesirable pendulums. This is nothing more than an illusion. Finding yourself in an iron coat of armor, you say to yourself: “I am a deaf wall. I don’t see anything, I don’t hear anything, I don’t know anything, I don’t speak to anyone. There is no access to me.” In order to maintain such a protective field, it’s necessary to spend energy, and not a small amount at that. A person, trying intentionally to excuse himself from the world, is constantly in a state of tension. Besides everything else, the energy of a protective field is tuned at the frequency of that pendulum, against which the protection was directed. And this is exactly what the pendulum needs. It is entirely indifferent, to how you give out





energy – with desire or not. What then could be a protection against pendulums? *Emptiness*. If I am empty, no one would value me for anything in the world. I don't enter into the pendulum's game, but also don't try to defend against it. I simply ignore it. The energy of the pendulum flies past me, not hurting me, and disperses into space. The pendulum's game doesn't bother me, doesn't touch me. In relation to it, I am empty.

The pendulum's main task is to attract as many adherents as possible and get their energy. If you ignore a pendulum, it leaves you in peace, and switches over to others, because it acts only on those, who accept its game, that is, who begin to radiate at its frequency.

The coarsest example. A barking dog is chasing you. If you turn back toward it, it begins to bark even louder. If you accept it earnestly and begin to wrangle with it, it will continue to run after you for a long time – its aim, after all, is to find someone with whom to create a ruckus. But if you simply ignore it, it switches over to another object. And, take note that it doesn't even enter into its head to be offended that you didn't give any attention to it. It is too absorbed in its own aim to get energy, to think about anything else. Substitute for the dog, an argumentative person, and the given model works exactly the same.

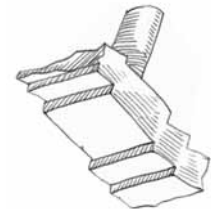
If someone is annoying you, try the model of the destructive pendulum on him, it probably will fit perfectly. If you can't quiet the "provocateur", then simply don't answer the provocation – ignore him. He won't leave you until you cease to give him your energy. You can give him energy both directly, entering into argument with him, or indirectly, silent but hating him. To stop giving out energy means not to think about him at all, throw him out of your head. Simply say to yourself: "Well, to the dogs with him!" – and he will leave your life.

However, it often happens that simply ignoring the pendulum doesn't work. For example, the boss calls you in on the carpet. Simply to refuse or to defend yourself both mean a loss of energy, inasmuch as both would be a struggle with the pendulum. In these cases, you can give the appearance that you are playing the pendulum's game. The main thing is that you know that you are playing the game for fun.

Imagine that a strapping lad hauls off with a sledge hammer and will all his might intends to hit you. You have nothing against him, you don't defend yourself, and you don't attack him. In this moment, you simply step aside, and the lad, along with the sledge hammer, fly into space. This means that the pendulum can't get a hold on you and fails.

Such a principle lies at the heart of the martial art aikido. There, the following literally takes place. The attacker is taken under the arm, and taken along with the defender, as if being accompanied by him, and then easily let go and sent flying to the side, where his energy was directed. The whole secret is that the defender has nothing against the attack. He agrees with the line of the attacker, goes with him together for some time, and then lets him go. The energy of the attacker falls through to emptiness, because if the defender is "empty", then he can't be caught for any reason.

The technique of such a soft escape is that, on the first attack of the pendulum, you answer with agreement, and then diplomatically step aside or unobtrusively direct movement to the side needed by you. For example, your excited boss wants to load you with work and energetically demands that it be done exactly as he wants. You know that it needs to be done differently or, in general, you don't think it's your responsibility. If you begin to object, to argue, to defend yourself, he severely demands obedience. After all, he made his decision, and you're going contrary to it. Do the opposite. Listen attentively, agree with everything, cut off your first impulse. And then quietly begin to discuss the details of the work with him. At the current moment, you have accepted the energy of your boss and radiate at his frequency. His impulse, not meeting any opposition, for some time slows down. Don't tell him that you know better, how to do this work, don't refuse him and don't argue. Simply ask his advice, how you could do the work quicker and better or, perhaps, another could do it even better. You swing along with the pendulum, but do it consciously, not participating in the game, but, as it were, observing it from the side. He swings, completely absorbed in the game. This is his game – he made



the decision, and you only have to agree with him, and ask his advice. You see that the energy, previously directed at you, falls away to the side – to the side of another decision or another person to do the work. In this way, the pendulum personally for you will fail.

Stopping the Pendulum

There are cases where the pendulum won't fail. That is, to ignore it is impossible, and to leave it is also impossible.

I had a friend, so agreeable, so good-natured, and, at the same time, endowed with incredible physical strength. We were going somewhere together on the tram late one night, when we met a group of thugs in an aggressive mood – a true, destructive pendulum. There were many of them, feeding each other with their negative energies and filled with a sense of being above the law. In order to multiply the energy of such groups, as a rule, it's necessary to continually find someone to bully, in order to get more energy from outside.

They started bothering my friend, as the good-natured and peace-loving expression on his face didn't suggest any danger. They tried in every way to lure him into fighting, with sneers and insults; but he sat still and didn't react to the provocations – that is, tried to make the pendulum go away. I also didn't interfere, as I knew that nothing was threatening him. Here, the group took a big risk and continued their provocations. Finally, not bearing it any longer, my friend got up and started for the exit, but the most impudent adherent blocked his way. Then my friend, blocked in a corner, picked up the offender by the scruff of his neck, and gave him a monstrous blow to the head.

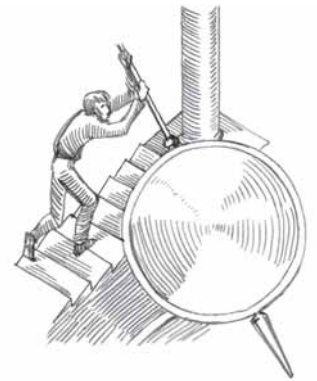
The victim's face was suddenly transformed into an amorphous blob. The remaining heroes were struck dumb with amazement and fear. My friend turned and grabbed the next one, but that one, in a trembling voice, began to mumble: "Tha-a-t's enough, guy... enough... no-o-o, please." The energy of the pendulum was instantly extinguished, and the adherents, jumping up and stepping back, ran out of the tram.

Of course, those people are fortunate who can stand up for themselves. But if not, what then? If there is truly nowhere to retreat to, then, to stop the pendulum, you can throw it something extraordinary – that is, something from you that no one expects.

I've heard of such a story. A herd of "fearless" adherents of a street gang cornered one fellow and were preparing to beat him up. Then he came right up to the ringleader, opened his eyes wide, with a crazy stare, and said to him, "So what do I break, your nose or your jaw?" The way the question was posed clearly didn't fit with the situation, and the ringleader was instantly taken aback. Then the fellow, with unhealthy enthusiasm, cried "Or maybe I'll tear your ear off!" And with all five fingers grabbed him by the ear. The ringleader gave a heart-rending cry. The entire spectacle, that the gang was used to playing out, was interrupted. The ringleader already had no thoughts to beat anybody, only one care tore at him – how to free his ear. The gang let the fellow go, judging him a psycho. Thus the fellow escaped bloodshed.

So then, if you have faced a situation, where the usual script will lead to a well-known denouement, do something – it's not important what – that isn't supposed to be in the script. The pendulum will be stopped. The thing is, as long as you act according to the script, you accept the pendulum's game and give out your energy to that frequency. But if your frequency strongly differs, you fall into dissonance with the pendulum, and by so doing, throw it off its rhythm.

At the same time, it doesn't pay to ask for trouble, if you have dealings with a pendulum, to which you have nothing to lose. If someone has set upon you to rob you, it's better to immediately give him money. Some people even



carry ten dollar bills in cash especially for such occasions. For example, if the robber is a narcotics addict or a psycho, he can easily deprive you of your life, even if you are a master of the martial arts. Therefore, with that type of person, it's better not to have anything to do with them, as they are like wild dogs. Otherwise, your death would be unjustified and absurd.

A sense of humor and creative imagination can help stop a pendulum. Turn your irritation into a game. For example, crowds of people on the street or in public transport set upon you, and they are hurrying somewhere and interfering with your movement forward. Imagine that you are in Antarctica, at a bird bazaar. These people are penguins, humorously waddling, fussing, and pottering about. And who are you? Also a penguin. After such a transformation, people already sooner inspire sympathy and curiosity, than irritation.

Of course, it's hard to control yourself, when you literally want to storm and rage. At these moments, hardest of all is *to remember* that this is only a pendulum striving to pull energy from you. Don't give in to its provocations. The pendulum, like a vampire, uses its own form of anesthesia – your habit of negatively reacting to the irritator. Even now, having read these words, after several minutes, you can be distracted and answer an unwanted telephone call in an irritated voice. But if you set the aim to acquire the habit of *remembering*, over time, immunity against provocation by pendulums will develop in you.

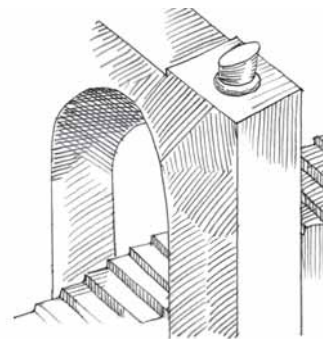
Observe, that when you came across some sort of annoying circumstance and you reacted with irritation, dissatisfaction, negative emotions, immediately the continuation follows and the development of the negative situation in the same way, or new unpleasantness arises. Thus the pendulum swings. It's you yourself who is swinging it. Act in an opposite way – either don't react at all, or react in an inappropriate way. For example, you can meet unpleasantness with false enthusiasm or in general with idiotic ecstasy. This would be stopping the pendulum. You are convinced that there will be no continuation.

As you remember, the habit of negatively reacting to annoying situations is the starting point for the pendulum's capture mechanism to get your mental energy. Such a habit fades away, if you will play your own game, in which you purposely make the following substitutions: fear – confidence, low spirits – enthusiasm, indignation – indifference, irritation – joy. Try to react, at least to small unpleasantness, “inappropriately.” What have you got to lose? Yes, it might even be absurd, but such a style of play doesn't leave any chances for the pendulum. Why does such a style of play appear absurd to us? Because the pendulum has taught us to play only in ways useful to it. Try now to force it to play your game, the game brings you pleasure, and you'll find out in amazement, what a powerful technique it is. The principle here is this: radiating at a frequency different from the resonating frequency, you enter into dissonance with the pendulum, in relation to you, it stops, and leaves you in peace.

There is another interesting method of quietly stopping the pendulum. If someone is bothering you, that is, is creating a problem for you, try to determine, what that person needs. Now imagine to yourself this person, having what he needs. This could be: health, confidence, peace of mind. If you think about it, these are the three fundamental things, which we all need, in order to feel satisfied. Think, what does he in fact need in the current moment?

Suppose that your boss yelled at you. Maybe he's tired, or there is some kind of unpleasantness in his family? Then he needs peace of mind. Imagine to yourself that he is relaxing in an armchair in front of the television, or by a fireplace, or at a party, where he is the center of attention. Maybe he is sick, not feeling well? Imagine to yourself that he is happy and healthy, swimming in the ocean, riding a bicycle, playing football. Of course, it's better to imagine him with what he likes to do. But you don't have to guess, don't let it bother you. It's quite enough to imagine this person in a situation, where he is satisfied.

What's happening here? Here he appeared on your horizon with a problem for you. (And this could include a robber, as well). Distract yourself from the problem which he brought you. In this way, from the very beginning, you are



not putting your head in the hangman's noose of frequency. Imagine this person receiving exactly what he needs. (What does a robber want? To eat, to drink, a needle?). Visualize to yourself a picture of this person's satisfaction. If you're successful, you can consider that you're done with the problem. For, the pendulum didn't simply begin to swing as usual. Something disturbed its equilibrium. Consciously or not, it looks for what will restore its equilibrium. And suddenly the energy of your thoughts on a certain frequency gives this to it, although indirectly. It instantly changes its aggression for benevolence. What's hard to believe about this? Verify it!

At the heart of the current method lies the principle of stopping the pendulum. A man-pendulum comes to you with a problem, you solve the problem, but not in a clear way, but on the energy plane. You have given the pendulum your energy, but only the very smallest part, in comparison to what you could have lost. Moreover, you've done a good deed – if only temporarily, you've given help to the one in need. What's interesting is that as a consequence, he changes his relationship to you, becoming more friendly. It will never even occur to him why, in your company, he feels comfortable. Let it be your small secret.

Such a small technique can also be successfully applied in those cases, when you yourself need to get something from somebody, but he's concerned with his own problems and not disposed to give that something to you. Do you need an official's signature? First, "feed" him with charitable visualization, and he'll do everything for you.

And a last example. What do you think, where does the energy go from a pendulum that has been stopped? It comes to you. Having come to terms with a problem, you become stronger. And the next time, it will already not be difficult for you. Isn't it really like that? While struggling with the problem, you give energy to the pendulum that gave birth to this problem itself.

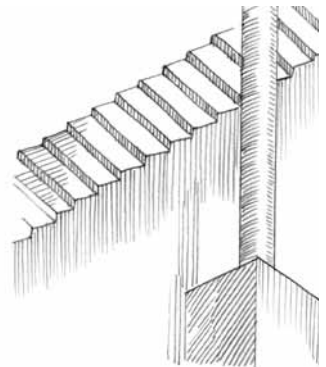
Practice in the ruining and stopping of pendulums is well-known to psychologists and psychiatrists as professional methods. In this sense, the given methods are not anything principally new. But for a person not acquainted with the practical methods of psychology, these methods are valuable, as they give a clarity and understanding to what and how psychological defense is and works.

Simple Solutions to Complex Problems

Yet another practical value to the failure and stopping of pendulums consists in the skill at solving all possible problems. This can be a complex life situation, a conflict, an unfavorable circumstance, a difficulty, or simply a task. Simple solutions exist for any complex problems. The key to solving always lies on the surface, the question is only how to see it. To see it interferes with the pendulum which created the problem.

A destructive pendulum has its own aim to get energy from you. To accomplish this, it has to fix the frequency of radiation of your thoughts on the problem. This is easiest of all to do, having convinced you that the problem is complex. If you accept such rules of the game, you can be easily taken by the hand and led into the intricate labyrinth. Only later does understanding come, that "the answer was right at your fingertips."

If you frighten a man, worry him, perplex him or play on his complexes, then he will easily agree that a problem is complex, and he is hooked. But you can also not frighten him. For a multitude of problems, the everyday opinion is thus established that they don't have simple solutions. Every person, in the course of his life, constantly meets various difficulties, especially if it is something new, unacquainted. In sum, everyone has a strongly rooted habit to meet problems with misapprehension



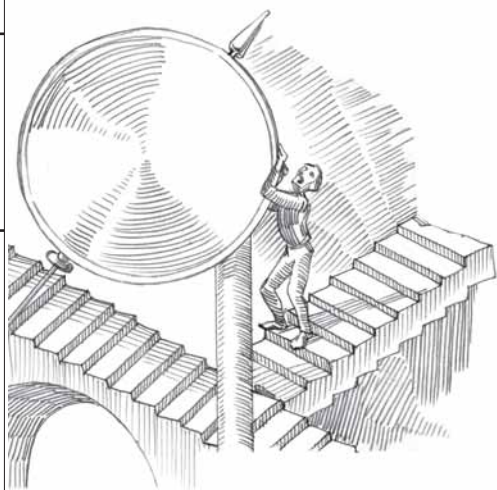
and sometimes even with reverential fear. Moreover, a person always weighs on the scales of doubt his own abilities to come to terms with difficulties. As a result, the tendency to meet problems with trepidation turns into strings of the puppets.

The pendulum can act either through its adherents, that is, people who are connected with this problem, as well as through non-living objects. It fixes the radiation of thought energy on a certain frequency and sucks energy, while the person is burdened with the problem. One would think that fixation of frequency on the subject would help concentration. After all, how could this interfere with solving the problem?

The thing is that the pendulum fixes our thoughts on a very narrow sector in the informational field. While the solution might lie outside this sector. As a result, a person thinks and acts within the limits of the narrow corridor and doesn't have the possibility to cast a wider glance on the problem. Non-standard and intuitive solutions come precisely when a man frees himself from the pendulum and gets the freedom to think in another direction. The entire secret of geniuses consists in their freedom from the influence of pendulums. At the same time that the frequencies of thoughts of ordinary people are captured by pendulums, the frequencies of thoughts of geniuses are able to freely reorganize themselves and drop in on unknown areas of the informational field.

How, then, to act, so as not to fall into the hunter's noose? Don't immerse yourself mentally in the problem, don't allow the pendulum to entangle you in its game. *Rent yourself out.* Act as you normally would in such situations, but not like a *participant* in the game, but like a *sidelines observer*. Look on the situation in a removed fashion. Remember that they want to take you by the hand and lead you into the labyrinth. Don't allow the problem to frighten you, to catch you, to worry you, or to puzzle you. Remember for starters that a very simple solution always exists, don't accept the complex one thrust on you.

If you have run into a problem or obstacle, catch yourself in your relationship to it. The problem could give birth to confusion, fear, indignation, low spirits and so forth. It's necessary to change your usual relationship to the trouble having arisen, to the direct opposite, and either it liquidates itself, or solves itself quickly and easily. In spite of ingrained stereotypes and habits, meet any problem not as an obstacle, needing to be overcome, but as a segment on the way, which you must pass. Don't leave any space in yourself for the problem. In relation to it, be empty.



If you have to solve some kind of task, which demands you to think, don't throw yourself immediately into logical reasoning. Your subconscious is directly connected with the informational field. The solution to any task is already there. Therefore, at first, relax, throw off the smallest fear and worrying over the solution. For you know that the solution exists. Let go of yourself, stop the march of thoughts, contemplate the emptiness. It's highly likely that the solution will immediately come, and what's more, it will be a simple one. If that doesn't work, don't get upset; turn on your thinking apparatus. Another time, the solution will come. Similar practice very well develops the ability to gain access to intuitive knowledge. It's necessary only to make this your habit.

This method truly works, if you are successful in freeing yourself from the pendulum and "renting yourself out." However, this is easier said than done. Later in this book you'll find out new methods for communicating with pendulums. This is truly only the beginning.

Doesn't it seem to you that I myself have taken you by the hand and am leading you into a labyrinth? Yes, you're right; remain free even from those who would inform you of your freedom.

Suspended State

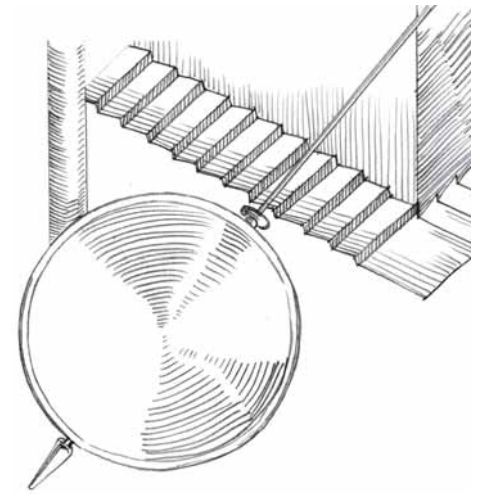
Having freed oneself from the influence of destructive pendulums, you acquire freedom. But freedom without an aim – this is *a suspended state*. If you were distracted by the failure and stopping of pendulums surrounding you, you risk finding yourself in a vacuum. The conflicts occurring earlier have gone somewhere, the cares torturing you have let go, confusion and disorder happens more and more rarely, anxiety and worry have disappeared. All of this has happened unnoticeably, as if the storm just slowly died down.

However, soon you find out that this has its opposite side. If earlier you were in the center of events, now they happen without you. For those surrounding you, you cease to have the former meaning, they turn less and less attention to you. Cares drift away, but new desires haven't come. Pressure of the external world weakens, but this doesn't bring any dividends. You have less problems, but there is also not additional movement.

What's happening here? It's that the entire medium of existence of a man is built on pendulums. Therefore, if he isolates himself totally from them, then he himself finds himself in the desert. The suspended state is not much better than dependence on the pendulum. For example, children, who have everything, pine away, because "there's nothing more to want." They torment themselves and exhaust everyone around with their caprices. Man is so built that he always needs to strive towards something.

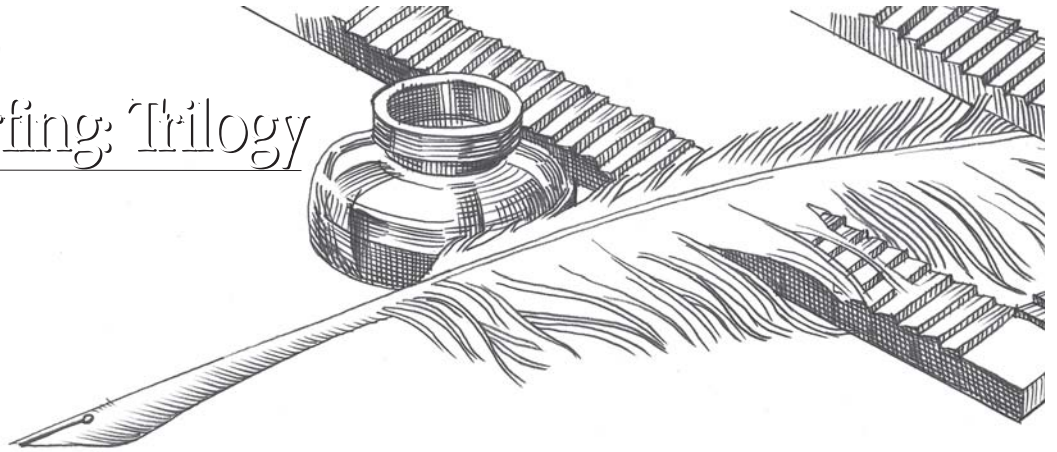
Your freedom is the independence from foreign pendulums. But there exist pendulums, which will be useful precisely to you. These are *your pendulums*. In other words, it's necessary to recognize aims that are forced upon you, in the pursuit of which you stray further and further from the path of your happy life. The task is to remain free and still choose a path of life for yourself, on which real success and personal happiness await you.

Pendulums are not absolute evil for a person, if he acts aware. Man can not be completely free from them. The question is only how not to submit oneself to the influence of pendulums, but to consciously use them for your own interests. Transurfing proposes concrete methods for doing this. To free oneself totally from the influence of pendulums is not possible, but it's also not necessary. On the contrary, it is precisely the pendulum, in the last analysis, which turns a man's dreams into reality.



Reality Transurfing Trilogy

Summary



A pendulum is created by the energy of people, thinking in one direction.

A pendulum is an energy-informational structure.

A pendulum fixes mental energy of an adherent onto its own frequency.

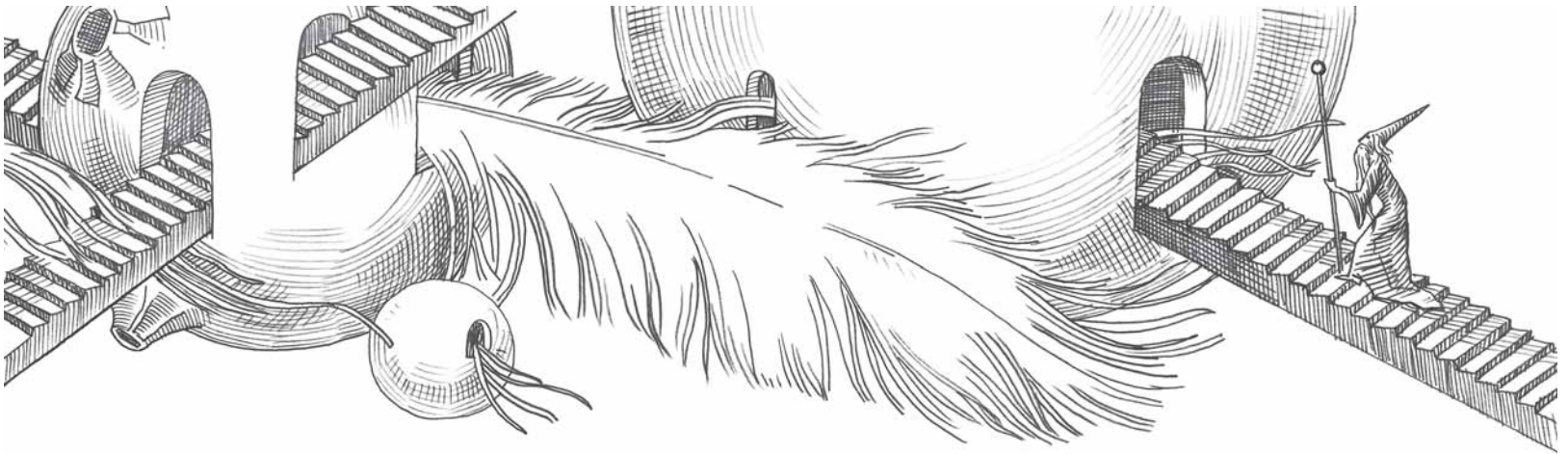
A bitter battle takes place between pendulums for adherents.

A destructive pendulum forces aims on its adherents that are foreign to them.

A pendulum plays on the feelings of people, attracting them to its own families.

If you actively don't want something, it will be in your life.

To free oneself from a pendulum means to cast it out of one's life.



To cast off from one's life means not to avoid something, but to ignore it.

To stop a pendulum, it's necessary to violate the script of its game.

Charitable visualization quietly stops a man-pendulum.

The energy of a stopped pendulum is transferred to you.

Problems are solved by the failure or stopping of the pendulums which created them.

To solve problems, rent yourself out.

To avoid a suspended state, you must find your pendulums.

You must work out the habit to remember all this.



Reality Transurfing Stage IV-V: Apples fall to the Sky

Трансерфинг реальности
Ступень IV-V: Яблоки падают в небо



This is the next book about Transurfing – the theory which has caused hot discussions among readers. In daily life things happen despite your wishes. The solution is simpler than you might think. You are captured by mirror illusion. In a sense the world looks like an endless *dual mirror*, on one side there is the material universe, while on the other one there is a metaphysical space of variations which stores scripts of all possible events. A person mesmerized by the mirror thinks that the reflection is true reality.

This book will help you to shake off this illusion and wake up from mirror dreaming. Those who started using the principles of transurfing have been amazed by unexplainable things that happened to them. For example, people around started to treat them better. The doors that seemed forever closed are now open.

You can observe exciting things: the change of “tints of scenery” and “circles on reality”, similar to circles on the water. The layer of your world brings back the lost freshness: your ice-cream becomes as sweet as when you were little, your hopes are as thrilling as when you were young.

But the most important thing is the feeling of inner freedom – the privilege to live in accordance with your creed.

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Apples Fall to the Sky

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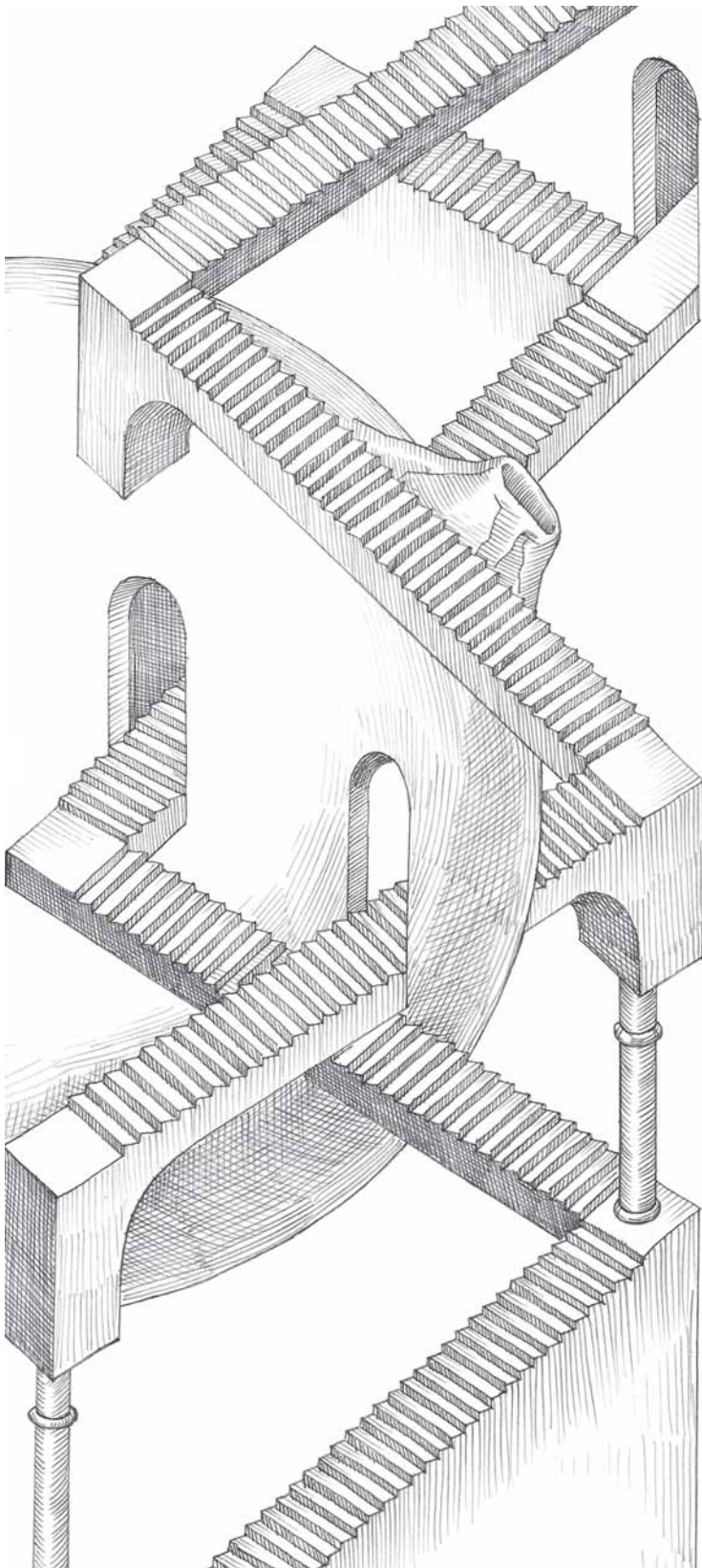
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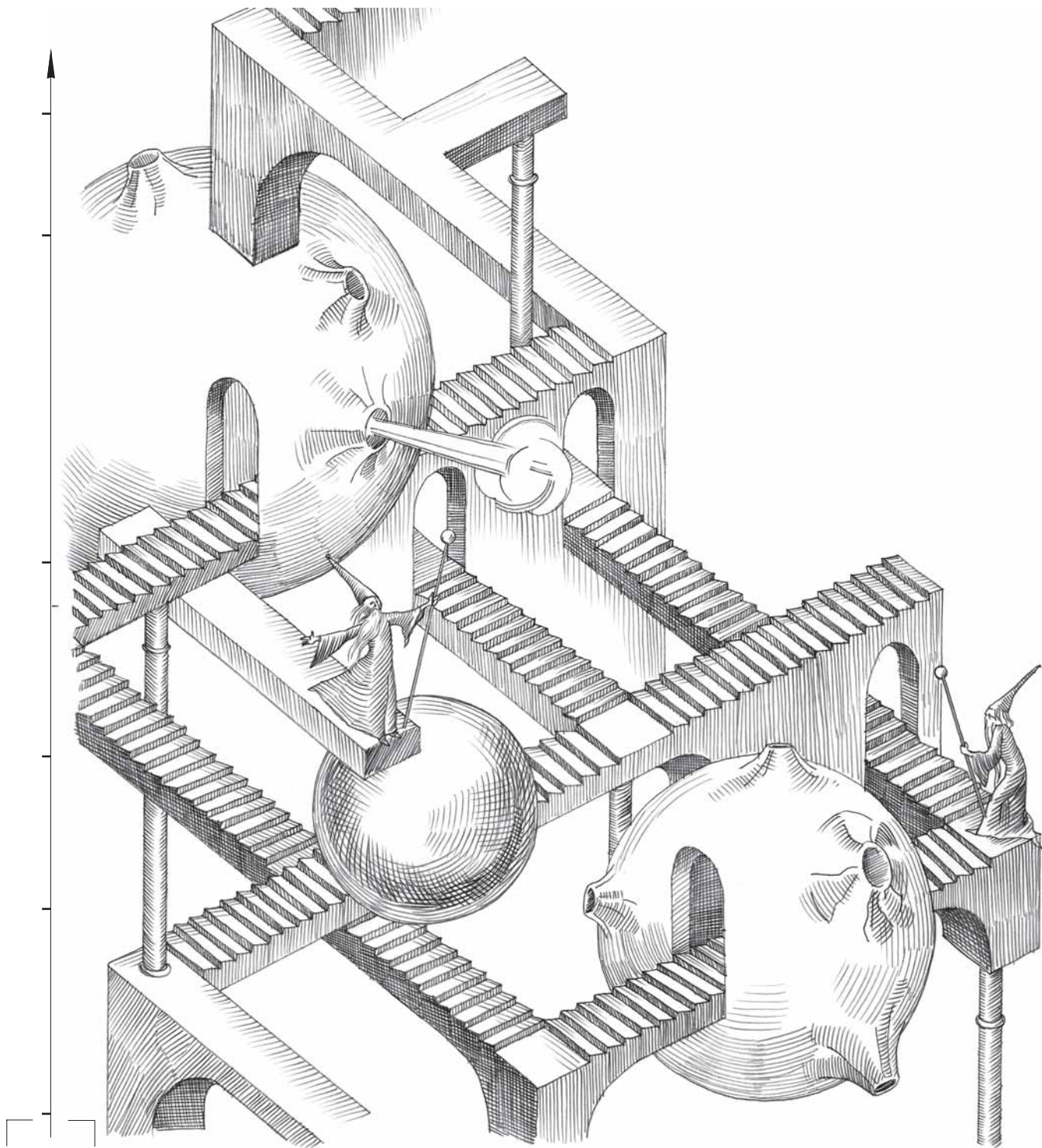
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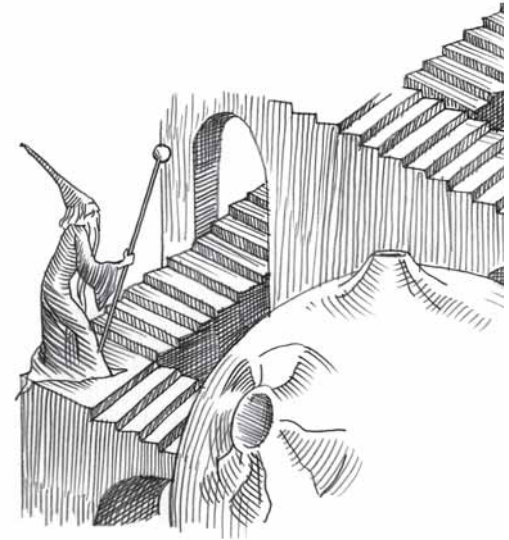
Apples Fall to the Sky

Fragment from the book

Chapter IV. Coordination of Dreams

Since someone is born, he or she gets into a certain situation: 'I was born poor and I can't get out of it. I'm forced to make do with what is available, and I will do what I have to do'. This situation hypnotizes, grabs people and they are controlled by a living dream. As long as one sees this situation through dreaming, it becomes more and more affirmed in the mirror of the World. Thus people become a slave of this reality and simultaneously support it. The poor get poorer, the rich get richer.

Remember, in the last chapter we spoke about the illusion of a dual mirror? This is focusing on the reflection that turns a life into unconscious dreaming, where you are fully dependent on circumstances. Reality is stronger as long as you, as if mesmerized, watch anxiously whatever is happening in the mirror. It is similar to being engrossed by a film, however in life this immersion is by far deeper. You are hypnotized by the reflection – it literally pulls you around the mirror circle. How can one transform the existence into conscious dreaming which can be ruled?



You have to understand a simple thing: in this world *you* are *the mirror*. You will stay inside of the mirror until your attention is focused on the reflection. Everything that is going on there doesn't depend on you. Your life resembles a computer game, and rules are not determined by you. You are of course allowed to make efforts in order to influence it. However, you are deprived of the most important thing: there is no way you can escape it.

Meanwhile it is nothing but your attention that keeps you inside. *You are capable of escaping the mirror*. Inside of it is unconscious dreaming, outside of it is conscious dreaming. Reality is identical on both sides as the mirror is dual. However, inside the mirror it is not you who rules but reality. You are a slave of illusion: don't think it is possible to change it with your touch! But this can be only done from this side, where the inner intention turns into the outer intention. To come out you have to refocus your attention and concentrate on the image, rather than the reflection. Having realized you are in front of the mirror you acquire the ability to form reality in harmony with your thoughts.

After you break free from the illusion, you should (according to the fifth principle) re-channel the flow of ideas from "what I don't want" to "what I want", from "what I dislike" to "what I like," from illness to health, from the means to the final goal. If you look carefully, you'll see you have to accept the circumstances whatever they are and conform to seemingly inevitable events. You are used to taking the dream passively, "as is". At best you are trying to fight for your scenario, confronting the flow of variations. However, the only thing you need to do is to change your attitude – the image in front of the mirror. Then you'll stop being a captive of the game, and it will develop outside of you and at your will. A dice turns into the player.

However, a new rule comes into force: if the combination seems unfortunate to you, you have to reconcile with it and consider it to be a fortunate one. You should follow this rule if you don't want to find yourself inside of the mirror

again. Re-channelling thoughts is not enough – you have to *switch the control of your mind from development of the scenario to its dynamic correction*. You are a master of your world as long as you follow the sixth and seventh mirror principles.

The mind usually objects when a new event doesn't fit the concept that it created. It has to be the other way round from now on. Whenever your mind shows its dissatisfaction with these deviations of scenario, you should wake up and accept this change: *everything is going on as it has to*. The mind cannot come to terms with the idea that at the start of the way, when nothing is yet known, there is no need to care about the means. It can't but notice itself that it is thinking how this could happen and plays all the negative scripts. And you really want to say: "Can't you realize, this is none of your concern, idiot! Just fix attention on the ultimate purpose!"

People think of something and don't let it happen themselves. Making a wish your mind always works out a draft plan of what is ahead – this is how our brain works. When something unexpected occurs, it seems everything goes wrong. Quite the opposite in fact: everything is as it needs to be! Because the mind which is used to clichéd thinking doesn't want to make any corrections in the script it wrote, people start doing things that spoil the whole picture.

This is the paradox. No one can know for certain what exactly will happen to materialize your order. If one insists on knowing, though, nothing will work in the end. Your dreams seem hard to fulfill, because you are trapped by clichés and simply don't let these dreams come true. Your doors are locked by stereotypes.

Create the desired image in your thoughts – the purpose, and then just walk, step by step, towards it. No matter what happens is done to implement your order. Take the intention of the Ruler: *everything is going well because I ordered so*. In my world I do whatever I want. I am not dependent on the rules, but at the same time I am not trying to influence them. When rewinding a target slide, I am not forming the circumstances; I am creating the picture of the world I intend to live in. The efforts to influence the events belong to the inner intention of the mind trying to impose its own scenario. The mind can't know what there is on the way to the aim. Circumstances are formed by the outer intention and the flow of variations. My task is to direct the vector, but I don't care what particular path it will go.

Imagine: one day you wake up in your mirror dreaming. Something is happening around. The ordinary events and scenery, but you look at all this with new eyes, as if you broke out of the flow of events and found yourself in the centre of an enormous spherical mirror. A giant kaleidoscope slowly rotates around you, and the sides of reality are shimmering. You are part of this reality and at the same time you exist separately, independently. The same thing happens when you wake up in your dream and realize that it is the dream that depends on you. Mirror "dreaming awake" is similar too, with the only difference: reality doesn't react so quickly. But as soon as you learn to accept this slowness, you'll discover amazing things – reality flexibly changes, following your thoughts. What does all this mean? Where are you now?

You are outside of this world – you've stepped *out of the mirror*.



Reality Transurfing

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